

## INSTITUTIONAL CATALOG 2025-2026

#### The Praxis Institute – Miami

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#### The Praxis Institute – Hialeah

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www.praxis.edu

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#### INSTITUTIONAL CATALOG

#### THE PRAXIS INSTITUTE

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#### INSTITUTIONAL CATALOG

#### THE PRAXIS INSTITUTE

#### 2025-2026

### **The Praxis Institute**

is

Licensed by

The Commission for Independent Education Florida Department of Education 325 West Gaines Street, Suite 1414 Tallahassee, FL 32399-0400 Toll-free telephone number: (888) 224-6684

&

Accredited by
Council on Occupational Education
7840 Roswell Road, Building 300, Suite 325
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Telephone: (770) 396-3898
Toll-free number (800) 917-2081

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#### WELCOME

It is a pleasure to welcome you to The Praxis Institute. Our foremost concern is your career education leading to your successful future. Our curriculum is up to date with respect to the needs in the areas in which we instruct. Our staff cares about you and your education.

This Catalog presents the sum of those administrative and academic policies and procedures that are needed for the efficient and effective operation of the campuses and for the achievement of the quality of education to which the school has pledged its resources and services.

The Praxis Institute's mission is to provide training for the community in the careers that are currently in demand. We believe that employment and economic stability are essential to the well-being of the community.

The program of study you have chosen will require dedication and hard work in order to successfully enter the working world. Although it will require time and effort, your future will be brighter, and you will have more opportunities to succeed.

We are proud of our graduates. They know that they need to be prepared for the future today; this is the challenge and the new adventure of the third millennium. The Praxis Institute team is here for you. Please take advantage of the opportunity you are taking, and together we will make this world a better place to live in.

The Praxis Institute

#### LICENSE AND ACCREDITATION

The Praxis Institute is licensed by:
The Commission for Independent Education
Florida Department of Education

Additional information regarding this institution May be obtained by contacting the Commission at: 325 West Gaines Street, Suite 1414 Tallahassee, Florida 32399-0400 Toll-free telephone number: (888) 224-6684

Accredited by: Council on Occupational Education 7840 Roswell Road, Building 300, Suite 325
Atlanta, Georgia 30350
Telephone: (770) 396-3898
Toll-free number (800)-917-2081

The Physical Therapist Assistant Program is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE) and is offered only on the **Miami Campus.** 

The Pharmacy Technician Program is accredited by the American Society of Health-System Pharmacists/Accreditation Council for Pharmacy Education (ASHP/ACPE) and is **offered in Miami and Hialeah Campuses.** 

These credentials are on display at our school and available for review by any student or potential student during regular business hours.

#### APPROVALS AND MEMBERSHIPS

- Approved by the U.S. Department of Education to participate in its Title IV Financial Aid Programs,
- Authorized by the United States Department of Justice, Immigration and Naturalization Services to enroll Non-immigrant Foreign Students,
- Approved by the Department of Health- Florida Board of Massage,
- Approved by the Florida Board of Pharmacy,
- Member of the Latin Chamber of Commerce,
- Member of the American Massage Therapy Association.

#### ADMINISTRATION, STAFF, AND FACULTY

Please refer to the Addendums for a listing of Administrative Officers, Staff, and Faculty.

#### ADVISORY BOARD

The Praxis Institute utilizes an Advisory Board to gather ideas and expertise for the development, expansion, and revision of the programs with relevant information. This source helps the institution to make its decisions regarding curriculum, equipment, techniques, and methods. Our Advisory Board meets formally once every year.

#### **OWNERSHIP**

The Praxis Institute is owned and operated by Duran Rubero Beauty Center, Inc., and is a Florida Corporation.

The principal owners of the corporation are Miguel Alfie and Rebeca Alfie.

The Address is 1321 SW 107th Ave, Ste. 201B, Miami, FL 33174.

#### The Board of Directors:

Miguel Alfie, Chairman of the Board

Rebeca Alfie, President Executive Director

Flavio Alfie, Vice-President, and Hialeah Campus Director

Dario Alfie, Vice- President, and Miami Campus Director

#### **HISTORY**

The Praxis Institute was founded in 1988 as America Duran Skin Care, Massage & Nail School, a private vocational school to provide training in the art of Skin Care. In 1991, the institution expanded its scope of career education to include a Therapeutic Massage Training Program for state licensure by the Florida Board of Massage.

In 1994, America Duran Skin Care, Massage & Nail School received national accreditation from the Southern Association of Colleges and Schools and transferred its membership in 1995 to the Commission on Occupational Education Institutions (COEI), now known as Commission of the Council on Occupational Education (COE).

In 1999, a change in ownership took place, and the institution was renamed The Praxis Institute.

A second campus was initiated in the city of Hialeah in 2003.

Throughout the past years, the focus of our institution has remained constant: to provide career education in employable fields for the community.

#### MISSION STATEMENT

The mission of The Praxis Institute is to provide quality training to the community, leading to employment, thereby enabling students to engage in a mutually beneficial and supportive process.

We further believe that the primary goal of our institution is to offer programs with the necessary skills compatible with the needs and demands of today's competitive job market.

#### INSTITUTION'S PHILOSOPHY

The Praxis Institute maintains a philosophy that its students must receive the most thorough education available for the careers for which they are studying. We believe that these vocational careers are valuable tools in the approach to health care; practitioners of these disciplines must understand the human body and its functions thoroughly and be able to apply this knowledge in practical situations. Understanding and engaging in a holistic therapeutic approach enables practitioners to deliver services that allow recipients to lead lives to the best that is possible. The hands-on experiences provided in these fast-growing fields enable students to acquire the skill set in patient care, procedural care, and administrative duties.

The school is therefore committed to the advancement and education of future practitioners in the areas of Advanced Therapeutic Massage, Therapeutic Massage, Dental Assistant, Pharmacy Technician, and Physical Therapist Assistant. We believe all people are created equal and have the right to pursue personal and career growth through the achievement of skills, competencies, training, and knowledge.

#### NON-DISCRIMINATION POLICY

The Praxis Institute is committed to a policy of non-discrimination. This institution provides educational programs, activities, and employment to individuals without regard to the person's race, color, religion, sex (including pregnancy, gender identity, and sexual orientation), national origin, age (40 or older), disability, or genetic information (EEOC, 2018).

The operation of its student aid programs is free from discrimination as required by Federal Law. In addition, the institution endeavors to remove barriers and provide educational and employment opportunities for handicapped people.

This nondiscrimination policy applies to all students, employees, applicants for admission, employment, and all participants in institutionally sponsored activities.

#### PHYSICAL FACILITIES

The Praxis Institute, Miami Campus, is located at 1321 SW 107th Ave, Ste, 201B in Miami-Dade County. The campus occupies approximately 16,335 sq. It is ft. and includes classes, labs, a library, a student lounge, a reception area, and administrative offices. The school is fully air-conditioned. It is centrally located in a well-known area of Miami and has easy access to Interstates 195, 826 & 836 freeways, Metro bus, and Metro rail lines. Nearby are found several fast-food restaurants and shopping centers. The school provides ample free parking for students' convenience.

The Praxis Institute, Hialeah Campus, is located on the second floor of "Hialeah Square Shopping Center," at 4162 W 12 Avenue, in the northwest area of Miami-Dade County. The campus occupies approximately 10,000 sq. ft. and is fully air-conditioned, with classes, labs, a library, a student lounge, a reception area, and administrative offices. There is adequate lighted parking for students, visitors, and staff. The campus has easy access to freeways, and in the surroundings are many fast-food restaurants, coffee shops, and shopping centers.

#### **CLASS SIZE**

At The Praxis Institute, class sizes vary based on the type of course or program:

- The Therapeutic Massage Training Program can have between 30 to 45 students,
- The Advanced Therapeutic Massage Training Program can have between 25 and 30 students,
- The Dental Assistant Program can have between 12 to 20 students,
- The Pharmacy Technician Program can have approximately 20 students,
- The Physical Therapist Assistant Program can have a maximum of 16 students,

#### GENERAL ADMISSION PROCEDURES

Applicants for admissions are encouraged to visit The Praxis Institute in person. At the time of the interview, the prospective student will receive a complete orientation of the chosen program, goals, objectives, school services, requirements, cost, and duration. The applicant will also receive a complete tour of the facilities and may attend a class for the day if he or she desires.

Based upon entrance criteria as well as any other circumstances, which may apply to the admission process, approval for admission is granted or denied by the Campus Director.

All documents' copies received in order to establish eligibility will become the property of the school and will not be returned to the student.

# GENERAL ADMISSION CRITERIA FOR DEGREE & NON-DEGREE GRANTING PROGRAMS

- 1. The applicant must be a high school graduate or have a GED equivalent diploma to be accepted to the degree-level programs.
- 2. All applicants must also meet and/or complete all additional admission requirements that are specific to individual programs. Please see individual program descriptions for any additional admission requirements.
- 3. All applicants must receive an orientation about the Institution's requirements and an explanation of the enrollment agreement. Applicants are to sign the enrollment agreement only after accepting admission to the program.
- 4. Distance Education admission criteria do not differ from the General Admissions criteria.

#### **GENERAL ACADEMIC POLICIES**

#### **ATTENDANCE**

Students are expected to attend all scheduled classes in order to achieve their learning goals. Excused absences are permitted only for specific reasons: documented family or personal illness or emergencies. A student who is going to be absent is requested to call the school beforehand.

Students for non-degree programs are required to be in attendance a minimum of 70% of the scheduled class time of the program of study to maintain "satisfactory academic progress." At the end of 200 hours, if the absence is above 30 %, students must begin the make-up of classes and time.

The administrator will counsel students who fall below the required minimum attendance. At the Administrator's discretion, the student may be placed on probation, terminated, or assigned additional make-up time. In addition, the program must be completed within one and one-half  $(1\frac{1}{2})$  times the length of the program.

#### TRANSFER OF CREDITS

#### **POLICY**

The Praxis Institute (TPI) awards transfer credit according to the guidelines established. The institution reserves the right to accept or reject credits earned at other institutions of higher education. In general, it is the institution's policy only to accept general education credits earned at institutions fully accredited by their regional accrediting association for colleges and universities, provided that such credits have been earned through university-level courses appropriate to the associate degree program at TPI.

#### **PROCEDURES**

- 1. The basic policy regarding the acceptance of courses by transfer is only to allow credit for general education courses completed with satisfactory grades (C or better) in other accredited colleges, provided the courses correspond in time and content to the equivalent courses offered as part of the program.
- For international students only official transcripts in conjunction with an official report from a state-approved evaluative agency may be used to evaluate and/or award credit.
- 3. Evaluation of coursework that is more than five years old is subject to final approval/acceptance from the VP of Academic Affairs.
- 4. TPI reserves the right to test the proficiency of any student on coursework transferred from other institutions and disallow credit in courses in which the student cannot demonstrate acceptable proficiency.
- 5. TPI does not grant credit for professional certificate programs, life/work experience or portfolio work.

6. The following items are among other circumstances in which credit is NOT granted:

. Remedial Courses . Vocational courses

. Courses with essentially . Non-credit courses

non-academic content . Learning support courses

#### **TARDINESS**

Each student should comply with the academic calendar and schedule established by The Praxis Institute. All students are strongly urged to be in class at the time that instruction is scheduled to begin. Students consistently entering class after the scheduled start time will be subject to disciplinary action. Five warnings in one month equals one absence.

#### **TERMINATION**

The Praxis Institute reserves the right to suspend or terminate any student whose attendance, academic standing, or personal behavior does not comply with the standards, rules, and regulations of the school. Students who have been suspended or terminated may be reinstated only upon approval of the Executive Director.

#### CODE OF CONDUCT AND DISCIPLINARY PROCEEDINGS

Students are expected to always conduct themselves in a proper manner. Foul language, possession of unprescribed drugs or alcoholic beverages, and disrespectful behavior is considered unsatisfactory conduct and may be grounds for dismissal. A student who conducts himself in a manner detrimental to the staff or other students may be subject to disciplinary action.

The Praxis Institute will execute disciplinary actions for any one of the following reasons:

- Failure to honor the Enrollment Agreement in its entirety,
- Failure to fulfill the requirements of academic probation or attendance,
- Financial obligation not met,

- Excessive absence,
- Possession of/or use of drugs or alcohol,
- Behaving in a manner potentially dangerous to clients, fellow students, faculty, staff, administration, or director,
- Possession of weapons on school premises,
- Behavior that creates a safety hazard to other people or the facilities,
- Defacing or destruction of school property,
- Sexual misconduct of any kind,
- Stealing evidence of acting in a conspiracy or as an accomplice in crime on school property,
- Cheating or changing grades on tests,
- Any other stated violation or infraction to the code of conduct as determined by the Director.

Office telephones, copiers, computers, and printers are for use by staff and faculty only. Incoming calls for students will be accepted only in emergencies.

Students will be responsible for payment of all property destroyed or damaged, with or without intent. Intentional defacing, damaging, or destroying property by any student may result in immediate expulsion without the opportunity for an appeal.

#### **RE-ENTRY**

A student who has canceled or has been terminated and desires to re-enter the program of study must notify the school and follow the required Admission procedures. A student who was terminated for any reason must have an interview with the Registrar's Department, who will consult with the Financial Aid Department and complete the necessary paperwork. A student who is not in good standing may be admitted on a probationary basis.

If the student owes an outstanding balance, they may be required to pay a percentage of that amount before re-admission.

All re-entering students must complete a new Enrollment Agreement and will be charged tuition and fees in accordance with the new Enrollment Agreement.

See Associate Programs Sections for their respective re-entry policies.

#### **RE-ENROLLMENT**

Graduates of The Praxis Institute may re-enroll in a new program of study. Re-enrolling students must complete a new Enrollment Agreement and will be charged tuition and fees in accordance with the new Enrollment Agreement. If there is an outstanding balance owed by the student, they may be required to pay a percentage of that amount before they are permitted to re-enroll.

#### MAKE-UP WORK

Students are required to make up all the class work and tests missed because of absence. He/she should make arrangements with the instructor to establish the terms of the make-up work following the guidelines and the period required by the satisfactory academic policy guidelines.

#### STANDARDS OF SATISFACTORY ACADEMIC PROGRESS

The institution expects all its full-time and part-time students to maintain Satisfactory Academic Progress (SAP). In order to maintain SAP as established by this institution, the student must maintain a cumulative academic average of "C" (70%) GPA (2.0) or better on all tests and work projects required by the program for all non-degree programs. For the AS degree-granting programs, all tests in program core courses must be successfully completed with a grade of 75% or better. If an AS program student fails a lab test in the program core course, they will be given one make-up test opportunity. The student must complete the re-test with a 75% or better before the end of the course.

Students must also maintain a cumulative average of attendance of 70% per month in non-degree programs. The Associate Degree Program of Physical Therapist Assistant requirements for SAP are outlined in the PTA Program Policies Manual. In addition to attendance standards relating to SAP, students are also required to adhere to certain other general institutional policies relating to attendance and tardiness. Student grades and attendance will be monitored every month. Compliance with standards for satisfactory academic progress will be assessed at the mid-point of the program or the mid-point of the academic year, whichever is shorter. Students in programs longer than one academic year in length will be assessed for satisfactory progress at the mid-point and at the end of each academic year.

Federal regulations stipulate that the maximum timeframe for degree completion cannot exceed 150% of the published length of the academic program. All transfer credit hours are used to calculate the student's remaining eligibility for SAP purposes. Once a student reaches the maximum timeframe, the student is no longer eligible for financial aid.

To ensure students will graduate within the maximum time frame for completion of the educational program, a student must successfully complete at least 67% of all hours attempted. Withdrawals and F's will be counted as hours attempted but not completed if they occur after the add/drop period has ended. Initial and repeated courses count as hours attempted each time the course is taken.

The pace at which a student must progress through his/her educational program to ensure completing the program within the maximum timeframe is as follows:

- 540 hours program Day Schedule 20 hours/week
  - Timeframe for completion 6 months
  - Maximum 150% Timeframe –9 months (720 Hours)

#### Evening Schedule - 16 hours/week

- Timeframe for completion 8 months
- Maximum 150% Timeframe 12 months (768 Hours)
- 750 hours program Day Schedule 20 hours/week
  - Timeframe for completion 9 months
  - Maximum 150% Timeframe 14 months (1120 Hours)

#### Evening Schedule – 16 hours/week

- Timeframe for completion 14 months
- Maximum 150% Timeframe 21 months (1344 Hours)

- 900 hours program Day Schedule 20 hours/week
  - Timeframe for completion 11 months
  - Maximum 150% Timeframe 16.5 months (1360 Hours)

Evening Schedule – 16 hours/week

- Timeframe for completion 14 months
- Maximum 150% Timeframe 21 months (1344 Hours)
- PTA AS Program 1st Semester 15 Credits
   2<sup>nd</sup> Semester 18 Credits
   3<sup>rd</sup> Semester 16 Credits
   4<sup>th</sup> Semester 12 Credits
   5<sup>th</sup> Semester 12 Credits
  - Timeframe for completion -20 months
  - Maximum 150% Timeframe 30 months

Students must complete the program within one and one-half (1½) times the length of the program.

Students must demonstrate progress toward a degree or certificate completion. All students must have successfully completed at least 67% of all clock or credit hours attempted. The percentage is calculated by dividing the number of completed clock or credit hours by the number of attempted clock or credit hours.

- Attempted hours are defined as any course that the student is enrolled in after the add/drop period expires,
- Courses attempted to include any course in which grades of A, B, C, D, F, W, I\*, P, NP, and T are given,
- Successfully completed hours are defined as the number of hours in which a student received a grade of A, B, C, D, or P,
- Incompletes are counted as attempted but not completed. After an incomplete class (I) is converted into a grade, the grade will then be counted in the GPA calculation and the completion rate,
  - (Note: For SAP calculation, a course with a letter grade of "D" or higher is considered an attempted course).
- All transfer credits count as both attempted and completed units,

• For the PTA associate degree-granting program, course incompletes or withdrawals will affect the pace of completion as course completion is a requirement for progression on the curriculum. Course withdrawals or repetitions do not affect GPA.

#### **Termination of Financial Aid**

Termination of financial aid indicates that the student is no longer eligible for any financial aid and occurs for the following reasons:

- Student did not meet all SAP policy requirements.
- Student has reached their maximum timeframe to complete degree or certificate.

Students who are terminated are not eligible to receive financial aid. Students will be notified in writing of their termination and loss of eligibility for financial aid.

#### POLICIES AND PROCEDURES FOR VERIFICATION

The Praxis Institute (TPI) has developed the following policy and procedure regarding the verification of information provided by applicants for Federal Student Financial Aid under the Title IV Programs.

- 1- Only those students who are selected for verification by the U.S. Department of Education or who have conflicting information in their records will be required to submit supporting documentation. In most cases, the required documentation consists of a completed Verification Worksheet and a signed United Stated Income Tax Return from the prior year. Any conflicting information in the student's file must be resolved before any financial aid may be disbursed, regardless of the student's verification status.
- 2- No Federal Pell Grant, Campus based, or Subsidized Direct Loan Funds will be disbursed prior to the completion of verification.
- 3- Students eligible to receive Pell, Campus-Based, or Subsidized Direct Loan will have until 120 days after their last day of attendance or August 31, whichever is earlier, to complete verification. However, in the interim, the student must have made arrangements with the school for payment of tuition and fees due, or risk termination from school. After the passage of the before mentioned period, all financial aid that might have been due is forfeited.

4- When the FAFSA for a student or prospective student is selected for verification, the Financial Aid Department will send a timely message to the student's or prospective student's personal email account. The message will direct the student or prospective student to complete and submit the requested documents required to confirm the accuracy of data reported on the FAFSA. At that time, the student will be informed of the time parameters and the consequences of not completing the verification cycle. For a complete list of documents, please refer to the Income Verification Form.

All document requests must be completed before any financial aid can be disbursed. After verifying the new additional information that a student or prospective student submits, the Financial Aid Department may correct the FAFSA data if necessary. If any additional discrepancies are discovered during the verification process, the Financial Aid Department may require additional information to correct the discrepancies. If a student or prospective student fails to provide the requested documentation in a timely manner, the Financial Aid Department at TPI will cancel the subsidized federal aid, and no aid will be disbursed.

The institution will notify the student or prospective student via letter if an award changes. The Institution will use as its reference the most recent Verification Guide supplied by the U.S. Department of Education.

Under section 479A(a) of the Higher Education Act (HEA), TPI's financial aid office cannot adjust an applicant's cost of attendance or other data that may affect the applicant's Expected Family Contribution (EFC) prior to the applicant completing the verification.

- 5. If the student receives an overpayment based on providing inaccurate or conflicting information on any application and refuses to correct the information or repay the Federal funds after being counseled by the institution, TPI will refer the case to the U.S. Department of Education for resolution. Unless required by the U.S. Department of Education, no Federal financial aid will be disbursed to the student.
- 6. Students and parents are advised that TPI must and will refer to the Office of Inspector General (OIG) any credible information indicating that an applicant for Federal Student Aid may have engaged in fraud or other criminal misconduct in

connection with FAFSA applications. Common misconduct includes false claims of an independent status, false claims of citizenship, use of false identities, forgery of signatures of certifications, and false statements of income. Note that fraud is the intent to deceive as opposed to a mistake on an application.

7. The financial aid file must state that the verification is completed.

#### ACADEMIC PROBATION

Students who fail to meet the SAP standards during a given evaluation period will be placed on academic probation for a 30-day period. Students remain eligible to receive financial aid during the probation period. Probationary students who fail to meet SAP by the conclusion of the probation period will be deemed not to be making SAP, will lose their eligibility for financial aid, and will be placed on a second probationary period. Students failing to meet standards for satisfactory academic progress by the end of the second probationary period will be terminated from the program.

In the event such students are allowed to continue with instruction, aid eligibility will be reinstated only after the student has reestablished SAP in accordance with the attendance and grading standards. Probationary students, who meet SAP by the conclusion of the probationary period, will be removed from academic probation and will regain eligibility for Title IV aid.

#### APPEAL PROCEDURES

Students who wish to appeal the SAP decision must submit a written request to the SAP Review Committee. The SAP Review Committee is composed of the Instructor and the School Director. The basis on which a student may file an appeal includes the death of a relative, an injury or illness of the student, or other special circumstances that caused the student to fail to make SAP. The letter should describe any circumstances related to the student's academic standing, which the student believes deserves special consideration, and what has changed in the student's situation that will allow the student to demonstrate SAP at the next evaluation. In the event such a student is allowed to continue with instruction, financial aid eligibility will be reinstated only after the student has reestablished SAP in accordance with the attendance and

grading standards. In other words, after the student has made up the absent hours or re-taken the missing or failed exams with a satisfactory passing grade.

The SAP Review Committee shall evaluate the appeal within a reasonable time frame and notify the student in writing of its decision. The decision of the committee shall be final.

#### LEAVE OF ABSENCE (LOA)

A Leave of Absence (LOA) is a temporary interruption in a student's program of study. Students who find it necessary to take a Leave of Absence (LOA) from school for personal, medical, or other reasons must request such LOA in writing. Leave of Absence will be granted only for up to 30 days. In no instance will students be allowed LOA longer than 30 days. The Leave of Absence may not be granted for a period of time, which would cause the student to take longer than one and one-half times the normal length of the enrollment period to complete. Should a student know in advance that leave will be necessary, the request must be submitted prior to its beginning. Only one LOA may be granted during the time a student is enrolled in school.

Students should provide a written, signed, and dated request for leave that includes the reason for the request. If the student does not have or is unable to obtain this documentation, then the student should submit a declaration stating when and why the student requested the leave of absence, if and when it was granted by the school, the expected date of return, and why the student does not have documentation. If unforeseen circumstances prevent a student from providing a written request, the school may grant the request as long as it documents the decision and collects the written request at a later date. If the student does not return to school after a leave of absence, the withdrawal date will be the date that the school determines the student began the leave of absence.

# ACADEMIC LEAVE OF ABSENCE (LOA) DISRUPTION AS A RESULT OF A DECLARED NATIONAL EMERGENCY OR ANY OTHER TYPE OF PUBLIC HEALTH THREAT (EXTENUATING CIRCUMSTANCES) SUCH AS THE DECLARED NATIONAL EMERGENCY CONCERNING COVID-19.

A Leave of Absence (LOA) is a temporary interruption in a student's program of study up to a maximum of 180 days. A COVID-19-related circumstance LOA will be processed when one of the following situations is present:

- A student completes all the required academic hours (theory didactic component) of the registered program but is unable to move forward with the completion of the hands-on face-to-face, in campus (laboratory) or off campus (externship), academic component.
- Students become ill due to COVID-19 and is unable to complete or attend online classes (theory didactic component).
- Students are unable to attain and secure the required technological resources to participate in online classes.

Leave of Absence will be granted for the time period, up to a maximum of 180 days:

- The campus is officially closed, or the community based clinical centers are not permitted to accept students to complete their required externship hours. Such LOA will remain until the campus re-opens for academic activities, or the community based clinical centers are allowed to accept students for externships.
- The student's health condition prevents him/her from retaking academic responsibilities.
- The student is unable to attain/secure the required technological resources.

The Leave of Absence may not be granted for a period of time, which would cause the student to take longer than one and one-half times the normal length of the enrollment period to complete.

Only one LOA may be granted during the time a student is enrolled in school.

For all leaves of absence granted as the result of disruptions due to COVID-19 related circumstances, Praxis may approve, and students may begin, the LOA prior to submitting a written request for the LOA. However, a LOA request must be obtained subsequently.

If the student does not return to school after a leave of absence, the withdrawal date will be the date that the school determines the student begins the leave of absence or the last date the student attended an academically related activity, whichever is first.

Furthermore, as stipulated in the electronic announcement (EA) from the Department published on March 5, 2020, and updated on June 16, 2020, the Department will permit students to take an approved leave of absence for COVID-19-related concerns or limitations (such as interruption), to take such leave, even if the student notifies the institution in writing after the approved leave of absence has begun. In such a case, the institution may retain those Title IV funds to apply when the student continues enrollment. If the student does not return to complete their program within 180 days, the school would then be expected to perform the Return of Title IV funds calculation based on the date on which the leave of absence began.

# MAXIMUM TIME FRAME OF ELIGIBILITY FOR STUDENTS RETURNING TO THE SAME CLOCK-HOUR PROGRAM AFTER 180 DAYS OF WITHDRAWAL

All students in a clock-hour program who withdraw from the program and returns to the same program after 180 days of withdrawal with no transfer hours (i.e., no prior hours earned accepted into the new enrollment) will be treated as a new student, similar to a new student in a new program.

Therefore, a student's maximum time frame of eligibility is based on the hours in the program the student is returning to, regardless of any previous hours completed prior to the withdrawal (greater than 180 days earlier).

The institution's determination that a student has no transfer hours accepted into the program the student is returning to after 180 days will be solely based on well-documented students' past academic performance.

Students returning to the same clock-hour program after 180 days with transfer hours will be processed according to the institution's policy for the transferred student.

#### STUDENT GRIEVANCE POLICY

Should any student have a grievance (unresolved complaint) about status, grades, records, faculty, or other, the normal recourse is for the student to consult with the Program's Director. In the event, a satisfactory resolution is not achieved at this level, and the decision rendered is still disputed by the student, the case may be considered for further judgment by the Executive Director.

Finally, if the student continues to feel it necessary to dispute the judgment of the Executive Director, the student may contact:

Commission for Independent Education 325 West Gaines Street, Suite 1414 Tallahassee, FL 32399-0400

Toll-free telephone number: (888) 224-6684

**FBON**: https://floridasnursing.gov CIE: http://www.fldoe.org/policy/cie

**DOE**: http://fldoe.org

#### **COMPLAINT PROCEDURES**

The institution is recognized by the Council on Occupational Education (COE) as meeting and maintaining certain standards of quality. It is the mutual goal of COE and the institution to provide quality educational training programs. When problems arise, students should make every attempt through the formal complaint procedure within the institution to find a fair and reasonable solution. However, in the event that a student has exercised the channels available within the institution to resolve the problem(s) by way of the institution's formal student complaint procedure, and the problem(s) has not been resolved, the student has the right and is encouraged to take the following steps:

1) The students should contact the COE office by mail.

Complaints received by phone will be logged along with a request for a written follow-up letter to speed up the process.

- 2) The letter of complaint must contain the following:
  - The nature of the problem(s).
  - The appropriate date(s) that the problem(s) occurred.
  - The name(s) of the individual(s) involved in the problem(s) (within the institution and /or other students that were involved).
  - Copies of documentation regarding the problem(s).
     Facts, no rumors, lead to solutions.
  - Evidence is demonstrating that the institution's complaint procedure was followed prior to contacting COE.
  - All complaints should be signed.

**Send to:** Council on Occupational Education:

7840 Roswell Road, Building 300, Suite 325 Atlanta, Georgia 30350. Telephone: (770) 396-3898

www.council.org

#### For PTA Program Only:

Complains or comments about the program should be also directed to:

**CAPTE** 

1111 North Fairfax Street, Alexandria, Virginia 22314

Telephone: 703-706-3245 Email: accreditation@apta.org

Website: http://www.capteonline.org

**FBON**: https://floridasnursing.gov CIE: http://www.fldoe.org/policy/cie

**DOE**: http://fldoe.org

#### **GRADING SYSTEM**

Each student's progress is regularly reviewed by his/her instructor, and examinations are given periodically. Progress records are maintained for each student and registered in the academic progress report. All student reports are available for review, explanations, and clarification by the Registrar's Department during regular school hours.

In addition to written examinations, the students are required to pass practical evaluations designed to ascertain their ability to perform the skills associated with each program.

The institution will use the following grading standards for non-degree programs and General Education courses:

GRADE	VALUE	POINTS	DEFINITION
A	4	90 - 100	EXCELLENT
В	3	80 - 89	ABOVE AVERAGE
С	2	70 - 79	AVERAGE
D	1	60 - 69	BELOW AVERAGE
F	0	0 - 59	FAILURE

For Grading System for Associates programs Core Courses, please refer to the specific section within this catalog.

## GRADUATION REQUIREMENTS FOR NON-DEGREE PROGRAMS

The student must comply with the following requirements in order to receive a diploma:

- 1. Completion of the total number of hours required by the student's program,
- 2. Have a minimum grade point average of 70 on a scale of 100 at the completion of the contracted period of studies,
- 3. Passing all components of the selected program with a minimum average of 70%,
- 4. Meet all financial obligations incurred with the institution.

The Praxis Institute awards a Diploma to those students who have met the program requirements and their responsibilities successfully to the school.

# GRADUATION REQUIREMENTS FOR ASSOCIATE DEGREE PROGRAMS

Upon successful completion of all prescribed subjects and satisfaction of all financial obligations, the student shall receive an Associate of Science Degree. Any student failing to meet the above requirements may not participate in graduation ceremonies. Degrees and transcripts will NOT be issued unless the student has met all requirements, including the satisfaction of all financial obligations.

#### STUDENT SERVICES

Academic counseling is encouraged and available through the program directors and faculty. Students are assisted in finding suitable employment after graduation and obtaining their license. The institution maintains its contacts with the local civic organizations and business groups. The institution actively pursues its contacts with spas, therapy clinics, hospitals, outpatient clinics/centers, retail and hospital pharmacies, dental practices, nursing homes, SNF, chiropractic offices, and rehabilitation centers.

The institution does not provide any housing facilities for the students.

Tutoring is available on an as-need basis. Students are requested to make an appointment with the instructor to arrange a time for individual tutoring.

The students receive a transcript of grades upon completion of the selected program of study at no additional cost.

Students can conveniently purchase books, videos, posters, massage tables & chairs, and various other items related to their programs of study.

A student can access counseling services available in the community, as needed, by requesting the community available resources list at the admission office. The institution is not responsible for any cost associated with these services.

#### **DISTANCE EDUCATION**

The Praxis Institute offers opportunities for completion of courses outside the traditional classroom via the Internet. Distance education courses meet academic standards recognized by the Council on Occupational Education (COE) and are established as part of the graduation

condition for an approved degree. Curriculum clock/credit value for distance learning courses is equal to credit hours to on-campus traditionally delivered classes of the matching courses listed in the Praxis Institute Catalog. In the online platform, the students must be exceptionally self-motivated and self-sufficient.

Fundamental computer skills, including word processing, excel, and PowerPoint is required, as well as access to computer, internet service, and library resources. Detailed instructions and policies for executing distance education are presented to students during the registration process. Regular contact with the course instructor is required. Many distance learning courses require students to have one or more of their exams proctored. Students may contact the appropriate program area department and access the institution's website for additional information.

#### **Distance Education Technology Requirements**

Online and combined delivery mode courses at The Praxis Institute use the Blackboard Web-based Learning System.

#### Hardware and Software Requirements

To access the Blackboard course site, students will need to have Internet access, a valid email account, and a computer with a Blackboard-supported browser and operating system. Campus computers for online and combined delivery student use are available in the library.

#### **Basic Skill Requirements**

Distance Education courses require that the students know how to:

Use email

- Navigate and search the internet
- Use word-processing programs

Install new software applications

Save documents

#### **Distance Education Admission Criteria**

See general admission criteria for degree & non-degree granting programs.

#### CLASS CALENDAR FOR DIPLOMA PROGRAMS

Classes begin on Monday of each week.

#### COURSE NUMBERING SYSTEM

The course numbering system uses a five or six-digits alphanumeric identifier. The prefixes are characters that represent the type of course, and the suffixes are numbers that represent the sequence in which they are taught.

#### UNITS OF CLOCK AND CREDIT HOURS

One clock hour constitutes 50 minutes of direct, supervised instruction and appropriate breaks in a 60-minute period of time. For degree programs, one semester credit hour is equal to 15 clock hours of lecture, 30 clock hours of lab, or 45 clock hours of externship, or work-based activities

#### HOURS OF OPERATION

The Praxis Institute administrative offices are open Monday through Friday from 9:00 a.m. to 6:00 p.m. Classes are in session Monday through Thursday, from 8:00 a.m. to 10:00 p.m., and Friday from 8:00 a.m. to 4.00 p.m.

#### **HOLIDAYS**

New Year Day Labor Day

Martin Luther King's Day

Veterans Day

President's Day Thanksgiving Day

Good Friday Friday after Thanksgiving

Memorial Day Christmas Eve

Juneteenth Day Christmas Day

Independence Day

The Praxis Institute is closed during Winter Break, usually the week between

Christmas and New Year's Day.

#### STUDENTS RECORDS

All students' records are permanently kept on file. Students wishing to see their records must schedule an appointment with the Registrar's Department during regular office hours.

#### FAMILY RIGHT AND PRIVACY ACT

The Praxis Institute complies with the confidentiality and student accessibility provisions of the Family Rights Act of 1974 (P.L. 93-380, Section 438), commonly known as the Buckley Amendment. The confidentiality of student's records is strictly protected. Information on students is not available to anyone without:

- a) Written request/release from the student
- b) A court order, or
- c) Accreditation agency requirements

However, parents of minor students and guardians of "tax dependent" students have the right to inspect and challenge the information contained within the records of a specific student.

#### A DRUG-FREE WORKPLACE

The Praxis Institute certifies that it provides a drug-free workplace for both employees and students.

Listed below are resources for Drug Prevention Programs:

- National Drug and Alcohol Treatment Hotline at 1-800-662-HELP (4357)
- Drug-Free Workplace Helpline at 1-800-WORKPLACE (967-5752)
- National Clearinghouse for Alcohol & Drug Information at 800-729-6686
- The Network of Colleges and Universities Committed to the Elimination of Drug and Alcohol Abuse at 1-877-726-4727
- U.S. Department of Education Regional Centers Drug-Free Schools and Communities at 1-502-588-0052.

#### SAFETY IN PRIVATE SPACES ACT

The purpose of this policy is to delineate the disciplinary actions pertaining to a non-compliance event with the Safety in Private Spaces Act and provide administration guidance.

TPI expects employees and students to be aware of and follow all campus policies and procedures. In addition, employees and students are expected to abide by all federal, state, and local laws. This policy defines the process for correcting single and/or repeat episodes of failure to comply and/or enforce the guidelines of the state Safety in Private Spaces Act. The Safety in Private Spaces Act (6E-7.001) establishes that all educational institutions licensed by the state Commission for Independent Education (CIE) have the following:

- (a) That restrooms are designated for exclusive use by males or females based on biological sex at birth., as defined s. 553.865(3), F.S., or that there is a unisex restroom.
- (b) That changing facilities are designated for exclusive use by males or females based on biological sex at birth., as defined in s. 553.865(3), F.S., or that there is a unisex changing facility.

Therefore, all TPI personnel and student body is required to use the restrooms facilities designated to their respective biological sex at birth. Furthermore, TPI administrative and educational personnel is expected to discourage, redirect, or divert any individual whose biological sex at birth does not appear to match the restroom facility they are trying to occupy/use. Those individuals should be redirected to a single stall/private restroom.

Progressive Discipline is a step-by-step process designed to modify and improve unacceptable practices. Many situations, particularly for first-time offenders, may be resolved through verbal counseling or discussion with the individual; however, repeat offenders or some one-time incidents may be severe enough to merit a written warning, suspension, final warning, or termination from the program, depending on the severity of the event. The seriousness of the offense and the student's disciplinary and performance history will be considered when

determining the level of discipline to be applied. Each incident should be assessed to determine the student's understanding of the rules and expectations, their willingness to follow them, any systems failures and obstacles interfering with compliance, and whether the action was the result of an excusable mistake, an inexcusable error, or deliberate action. Taking these into account the program director, in consultation with the campus director and administration, will determine the appropriate level of discipline. In situations where a student repeats the non-compliance practice, the disciplinary actions that follows should be progressive. However, there may be situations where the recurrence, severity, or impact of the non-compliance act will warrant moving immediately to a written discipline, a final discipline, or the termination of employment. All decisions to escalate disciplinary action to a higher level of discipline must be made in consultation with administration.

#### **PROGRAM CHANGES**

The Praxis Institute reserves the right to amend, add, or delete classes, programs, policies, equipment, tuition, fees, and/or facilities, with prior notice of scheduled changes. Reasonable accommodation will be made for students impacted by such a change.

#### HAZING

Hazing: Any conduct or initiation into any organization, which willfully or recklessly endangers the physical or mental health of a person. Its imposition or its use in any form of initiation is prohibited.

Violation of this policy will result in disciplinary actions against the violator, including counseling and possible termination from The Praxis Institute.

## PLACEMENT ASSISTANCE FOR DEGREE & NON-DEGREE PROGRAMS

While The Praxis Institute cannot guarantee employment, it is the objective of this Department to provide assistance and guidance to our graduates and/or active students who are seeking employment. Our main purpose is to assist our students to find jobs and to provide support services to enable them to keep their jobs and to continue their overall career development. Prior to and after graduation, the Job Placement Assistance Department will advise the student in career development skills that will assist the student in finding entry-level employment. To that end, we will provide this assistance through a job referral service which is maintained by constant updating of job banks for our students. This complete support and development service for our graduates and active students seeking employment is augmented by our systematic and attentive interaction with potential employers in our local communities. We meet our overall TPI educational mission by first providing the training and then providing the tools to effectively use the training in the work environment

These employment opportunities may include positions in:

- . Dental offices
- . Physical Therapy Clinics
- . Massage Therapy Clinics
- . Sports Medicine Clinics

- . Hospital pharmacies
- . Resorts
- . School-based settings
- . Luxury Health Spas

- . Chiropractic Offices
- . Resort Hotels
- . Cruise Ships
- . Outpatient Clinics
- . Retail pharmacies

- . Salons
- . Hospitals
- . Nursing homes
- . Rehabilitation Center

#### NON-DEGREE PROGRAMS TRANSFER POLICY

The Praxis Institute reserves the right to accept or deny the transferring of clock hours/credits received from another school.

Students transferring from another school in or out of Florida must provide the school with the following:

- Official transcript of credit /clock hours from the school from which he/she transfers,
- A satisfactory reason for transferring,
- The school will evaluate the transferring student and will grant credit for the number of hours that the student deserves according to the evaluation,
- At least 25 percent of the units required in a nontraditional degree program shall be given by the institution awarding the degree.

Any Student transferring from one program to another within the school, will receive credit for the number of hours according to each program.

The acceptance of any credits earned at The Praxis Institute is at the discretion of the receiving institution.

According to the Institution Refund Policy and/or Returns of Title IV Funds, applicable funds will be applied to the new program of study.

#### WITHDRAWAL POLICY

Any student who does not attend classes in a period of fourteen (14) calendar days without obtaining a leave of absence shall be dropped from the program.

For the purpose of computing refunds, the last date of actual attendance by the student will be considered the termination date.

### CANCELLATION AND REFUND POLICY

Should student be terminated or cancel for any reason; all refunds will be made according to the following refund schedule:

- 1. Cancellations must be made in person or certified mail, if possible.
- 2. All monies will be refunded if the applicant is not accepted by the school or if the student cancels within three (3) business days after signing the Enrollment Agreement and making initial payment.
- 3. Cancellation after the third (3) business day, but before the first class, will result in a refund of all monies paid; with the exception of the registration fee (not to exceed \$150).
- 4. Cancellation after attendance has begun, through 40 % completion of the program, will result in a Pro Rata refund computed on the number of hours completed to the total program hour.
- 5. Cancellation after completing more than 40 % of the program will result in no refund.
- 6. Termination date: in calculating the refund due to a student, the last date of actual attendance by the student is used in the calculation unless earlier written notice received.
- 7. Refunds will be made within 30 days of termination of students' enrollment or receipt.
- 8. Refunds for the first-time student who has not received Title IV Financial Aid will be calculated according to the standard institutional refund policy.

### 9. STANDARD INSTITUTIONAL POLICY:

- a) The institution will refund at least 90% of the tuition if withdrawal occurs during the first 10% of the period of financial obligation.
- b) The Institution will refund at least 50% of the tuition if withdrawal occurs between 10.1 % and 25% of the period of financial obligation.

- c) The institution will refund at least 25% of the tuition if withdrawal occurs between 25.1% and 50% of the period of financial obligation.
- d) No refund will be made if a withdrawal occurs after 50% of the period of financial obligation.

The "period of financial obligation" is based on what the student is charged on their contract.

- 10. Refunds will be made within thirty (30) days of the last day of attendance if written notification has been given to the school by the student. All refunds shall be made without requiring a request from the student and within thirty (30) days from the date that The Praxis Institute terminates the student or determines withdrawal by the student. In any event, all refunds shall be made within thirty (30) days of the student's last day of attendance, except: in case of leave of absence. For students that do not return from a leave of absence, refunds will be made within (30) days from the date the institution determines that the student did not return from the leave of absence. Students who withdraw will be accessed an administration fee charge of 10% or \$100.00, whichever is less.
- 11. A student can be dismissed at the discretion of the Director for insufficient progress, non-payment of cost, or failure to comply with the rules. Enrollment time is defined as the time elapsed between the actual starting date and the date of the student's last day of physical attendance in the school. When situation of mitigating circumstances is in evidence, the school will adopt a policy wherein the refund to the student may exceed the minimum cancellation and settlement policy. If the school, for any reason is permanently

closed and no longer offering instructions after a student enrolled, the student shall be entitled to 100% of all monies collected.

If a program is cancelled subsequent to a student's enrollment, the school shall all the student's option:

- 1. Provide a full refund of all monies paid; or
- 2. Provide completion of the program.

### RETURN OF TITLE IV FUNDS POLICY

Effective October 2000 the law now specifies how your school determine must the amount of SFA program assistance that you earn if you withdraw. Our institution will calculate the amount of Title IV aid that was earned based on a Payment period basis. Refunds will continue to be calculated by the enrollment period. The student will be obligated for any tuition, fees, books, or equipment not covered by Title IV funds.

The Institution will calculate the amount of Title IV aid that was earned based on a payment period basis. Refunds will continue to be calculated by the enrollment period.

The institution will determine:

- 1. The Title IV Aid disbursed or that could have been disbursed.
- 2. The percentage of Title IV aid earned by the student.
- 3. The amount of Title IV aid earned by the student.
- 4. The total Title IV aid to be disbursed or returned.
- 5. The amount of unearned Title IV aid to be returned by the school.
- 6. The amount of Title IV funds to be returned to each program by the school.
- 7. The initial amount of unearned Title IV funds to be returned by the student.

8. The amount of Title IV funds to be returned to each program by the student.

Refunds of unearned Title IV funds will be returned within 30 (thirty) days from the date that the institution determines that the student withdrew.

**DIPLOMA:** THE PRAXIS INSTITUTE awards a Diploma to those students who have successfully completed his/her program.

**PLACEMENT SERVICES:** Upon graduation from the program, the student will, without additional charges, receive the full benefit of THE PRAXIS INSTITUTE placement services, but employment is not guaranteed.

### PAYMENT SCHEDULE

The following schedule is to be followed for all academic programs' payment:

- THERAPEUTIC MASSAGE TECHNICIAN
- ADVANCE THERAPEUTIC & CLINICAL MASSAGE
- DENTAL ASSISTANT
- PHARMACY TECHNICIAN
- PHYSICAL THERAPIST ASSISTANT

Full payment must be made in advance of the beginning of classes or tuition, and fee payments may be arranged on a weekly or monthly basis. Weekly payments are due on Monday; monthly payments are due between the 1<sup>st</sup> and 15 of the months.

There are no additional carrying charges, interest, or service charges for installment plans. This schedule of payments does not apply to Division of Vocational Rehabilitation (DVR) or Pell Grant students.

### FINANCIAL AID

The Praxis Institute is accredited by a nationally recognized accrediting agency and is approved by the U.S. Department of Education to provide Title IV Funding. This enables its students, if qualified, to be eligible for government assistance.

The primary purpose of the student aid programs will be to provide financial resources to students who would otherwise be unable to pursue post-secondary education.

The institution is looking forward to helping those students who have a sincere desire to better themselves through higher education and are willing to contribute according to their family's income and assets.

A student must apply for admission and be accepted to The Praxis Institute prior to applying for financial aid. The student must maintain satisfactory academic progress to receive financial aid. Financial aid is awarded based upon need. Please contact the financial aid department to obtain the necessary forms required to apply.

Discrimination is prohibited. No person in the United States of America shall, on the ground of race, color, age, sexual orientation, disability, or national origin, be excluded from participation in, be denied the benefits of, or subjected to discrimination under any program or activity receiving Federal Financial Assistance or be so treated on the basis of sex under the education programs or activities receiving Federal assistance.

### FEDERAL AID PROGRAMS

**Federal Pell Grant**: This is a grant awarded to assist undergraduates with their education expenses. This award does **NOT** have to be repaid. An undergraduate is one who has not earned a bachelor's degree.

Federal Supplemental Education Opportunity Grant (FSEOG): This is a grant awarded to undergraduate students with exceptional financial need who will also receive the Federal Pell Grant during the award year. FSEOG funds are limited; the first priority for receiving this grant will be an applicant with the lowest expected family contribution (EFT) who is also Pell-eligible.

**Federal Direct Subsidized Loan:** This is a low-interest variable rate loan for students attending school at least halftime. It **MUST** be paid back. Interest is non-bearing while students are attending school and during their grace period.

**Federal Direct Unsubsidized Loan:** This is a low-interest loan for independent students enrolled at least halftime. It **MUST** be paid back. Interest will accrue on this loan and can be capitalized or paid quarterly while the student is in school.

**Federal Direct Plus Loan:** This is a low-interest variable rate loan for parents who want to borrow to help pay for their child's education. This loan is available only to parents with good credit histories. It **MUST** be paid back.

ADA Accommodations for Students with Disabilities: All classrooms and facilities at all campuses are accessible to students with disabilities in accordance with the Americans with Disability Act of 1990 (ADA). Title III of the Americans with Disability Act of 1990 (ADA) prohibits discrimination on the basis of disability in access to private colleges and universities. The Praxis Institute provides reasonable accommodations (e.g., a modification or adjustment to the status quo inherent in the program or activity) to qualified students with disabilities, allowing them to participate fully in the programs and activities of the institution.

Students who believe they are in need of such accommodation should contact the office of student services/placement. Praxis Institute maintains strict confidentiality with regards to medical information related to student's disabilities.

Any complaints or concerns regarding disability accommodation should be presented to the office of student services/placement. Complaints will be handled in accordance with the institution's grievance (due process) procedures.

### **Title IX Compliance**

Title IX Compliance Coordinator Contact Information

Miami Campus – Rebeca Alfie praxis@praxis.edu (305) 642-4104

Hialeah Campus – Flavio Alfie flavio@praxis.edu (305) 556-1424



# NON-DEGREE PROGRAMS OBJECTIVES AND OUTLINE

<sup>\*\*</sup>Completing a course or program in a language other than English may reduce employability where English is required.

### THERAPEUTIC MASSAGE TECHNICIAN- 540 Hrs

**PROGRAM OBJECTIVE:** To prepare students for the National Certification Examination for licensure as a Licensed Massage Therapist by developing the skills necessary to meet the needs of the healthcare community. Our students will have knowledge of the structure and function of the human body. Will apply Hydrotherapy and massage techniques successfully. Students will be familiar with exercise programs, which can help the musculoskeletal system, Florida Law, and allied modalities currently being practiced. This program trains students to be able to use skills that promote the health and wellness of their clients.

### PROGRAM OUTLINE

COURSE TITLE	CLOCK HOURS
TMT01-HUMAN ANATOMY & PHYSIOLOGY	190
TMT02-MASSAGE THEORY & CLINICAL PRACTICUM	225
TMT03-THEORY & PRACTICE OF HYDROTHERAPY	15
TMT04-INTRODUCTION TO ALLIED MODALITIES	76
TMT05-FLORIDA STATE LAW	10
TMT06-BUSINESS PRINCIPLES & DEVELOPMENT	15
TMT07-HIV/AIDS	3
TMT08-MEDICAL ERRORS	2
TMT09-PROFESSIONAL ETHICS	4
TOTAL	540

This program has 540 hours of theory, practice, and clinical training. The program's Theory component is delivered via distance education mode, and practice and clinical training are done in a face-to-face/traditional mode.

**Massage Services:** all students are required to complete at least 40 massage services as part of their applied clinical training.

**Technology Requirements:** Computer and Internet Access

Upon completion of the program hours, the student will be ready to take the final exam in theory and practice. The student will receive a diploma.

A student who has completed the Therapeutic Massage Technician Program may sit for the National Certification Examination for Therapeutic Massage and Bodywork. Upon passing, students can apply to receive their Florida State License. Upon completion of this program and passing the licensure exam, students may be employed as entry-level massage therapists.

## What are the requirements to graduate and obtain an official transcript for licensure board submission?

This requirement is MANDATORY and applies only to Massage Programs.

### 1. Massage Programs (540 hours and 750 hours)

Regardless of the massage program completed by the student, to obtain a diploma certifying completion and obtaining the massage therapist title, the student must complete 540 or 750 hours of academic work and massage services/practices.

To obtain an official transcript to take the licensing board exam, the massage student must take four exams. The first three board Preparation Assessments (exams) are from the Federation of State Boards of Massage Therapy. These exams are completed online. Each exam lasts 120 minutes and contains 100 multiple-choice questions. To obtain a passing score, the student must score 80 or higher on each exam. The student may not complete more than two exams per day.

After passing the first three preparation assessment exams, the student will complete a fourth final exam (MBLEX), which will also be taken online. This final exam lasts 110 minutes, contains 100 multiple-choice questions, and also requires a score of 80 or higher to be considered a passing score.

The MBLEx: Online Readiness Assessment final exam is offered by the Praxis Institute to students free of charge. To be eligible for the fourth exam, students must have successfully passed (80 or higher) all three Federation of State Boards of Massage Therapy exams.

Students will take all exams in the library on any campus, under the supervision of library staff. The use of phones, smartwatches, notes, and books is not permitted during the exams. Students must pass all four exams with a minimum score of 80 on each.

Upon successful completion of all four (4) exams, the Director of Distance Education will send a document certifying that the student has met this graduation requirement to the Student Services Department (SSD). The SSD may then request an official transcript and schedule the student for the Massage and Bodywork Licensing Examination (MBLEx).

"The academic content, theoretical and practical lab portion, of this program is also available and entirely delivered in English."

### ADVANCED THERAPEUTIC & CLINICAL MASSAGE- 750 Hrs

PROGRAM OBJECTIVE: Upon completion of this program, the student will have the skills and knowledge to apply and sit for the licensing exam by the National Certification Board for Therapeutic Massage and Bodywork (NCBTNB) or by the Federation of State Massage Therapy Boards (MBLEx). In addition, students will obtain certification in Spa Therapies, Deep Tissue, Electro Stimulation, Ultrasound, Laser, Neuromuscular Therapy (granted by International Academy of Neuromuscular Therapies through a partnership with TPI), and Holistic Manual Lymphatic Drainage (granted by the Manual Lymph Drainage Institute International through a partnership with TPI) in order to seek employment in spas, facilities that treat athletic injuries or in clinical and medical settings where massage therapy is part of a patient's rehabilitation program. Graduates will have skills to expand their marketability as a massage therapist.

### PROGRAM OUTLINE

COURSE TITLE	CLOCK HOURS
TMT01-HUMAN ANATOMY & PHYSIOLOGY	190
TMT02-MASSAGE THEORY & CLINICAL PRACTICUM	225
TMT03-THEORY & PRACTICE OF HYDROTHERAPY	15
TMT04-INTRODUCTION TO ALLIED MODALITIES	76
TMT05-FLORIDA STATE LAW	10
TMT06-BUSINESS PRINCIPLES & DEVELOPMENT	15
TMT07-HIV/AIDS	3
TMT08-MEDICAL ERRORS	2
TMT09-PROFESSIONAL ETHICS	4
DT100- DEEP TISSUE	45
NMT100- NEUROMUSCULAR THERAPY	100
MLD100- MANUAL LYMPH DRAINAGE	50
CR-100- CLINICAL REHABILITATION (Laser-Ultrasound-	15
Electro Stimulation-Infrared)	
TOTAL	750

This program has 750 hours of theory, practice, and clinical training. Program's Theory component is delivered via distance education mode, practice and clinical training is done in a face-to-face/traditional mode.

**Massage Services:** all students are required to complete at least 115 services as part of their applied clinical training.

### Technology Requirements: Computer and Internet Access

A student who has completed the 540 hours (theory, practice, and services) of the Therapeutic Massage Technician portion of the program may sit for the National Certification Examination for Therapeutic Massage and Bodywork.

Upon passing, students can apply to receive their Florida State License.

Students successfully completing the 750 hours will receive a diploma. Upon completion of this program and passing the licensure exam, students may be employed as entry-level massage therapists.

# What are the requirements to graduate and obtain an official transcript for licensure board submission?

This requirement is MANDATORY and applies only to Massage Programs

2. Massage Programs (540 hours and 750 hours)

Regardless of the massage program completed by the student, to obtain a diploma certifying completion and obtaining the massage therapist title, the student must complete 540 or 750 hours of academic work and massage services/practices.

To obtain an official transcript to take the licensing board exam, the massage student must take four exams. The first three board Preparation Assessments (exams) are from the Federation of State Boards of Massage Therapy. These exams are completed online. Each exam lasts 120 minutes and contains 100 multiple-choice questions. To obtain a passing score, the student must score 80 or higher on each exam. The student may not complete more than two exams per day.

After passing the first three preparation assessment exams, the student will complete a fourth final exam (MBLEX), which will also be taken online. This final exam lasts 110 minutes, contains 100 multiple-choice questions, and also requires a score of 80 or higher to be considered a passing score.

The MBLEx: Online Readiness Assessment final exam is offered by the Praxis Institute to students free of charge. To be eligible for the fourth exam, students must have successfully passed (80 or higher) all three Federation of State Boards of Massage Therapy exams.

Students will take all exams in the library on any campus, under the supervision of library staff. The use of phones, smartwatches, notes, and books is not permitted during the exams. Students must pass all four exams with a minimum score of 80 on each.

Upon successful completion of all four (4) exams, the Director of Distance Education will send a document certifying that the student has met this graduation requirement to the Student Services Department (SSD). The SSD may then request an official transcript and schedule the student for the Massage and Bodywork Licensing Examination (MBLEx).

"The academic content, theoretical and practical lab portion, of this program is also available and entirely delivered in English."

### **DENTAL ASSISTANT – 900 Hrs**

**PROGRAM OBJECTIVE:** The professional objective of the program is to prepare students at an entry-to-industry level of competence for gainful employment in the dental field where they will work with dentists to perform a wide variety of patient care, office, and laboratory duties.

Dental assistants work alongside dentists by providing them with support in everyday dental procedures and office work. They usually work in dental facilities but may also be found working in hospitals that provide dental treatment services. Apart from helping dentists at the chair side, they are required to perform clerical and administrative work, which may include scheduling appointments and providing front desk services.

### PROGRAM OUTLINE

COURSE TITLE	CLOCK HOURS
DAP100 - Introduction to Dental Assistant	5
DAP200 - Dental Chairside Assisting	330
DAP300 - Dental X-Ray	70
DAP400 - Dental Materials and Laboratory Techniques	150
DAP500 - Specialized Dentistry	205
DAP600 - Administrative Procedures	15
DAP700 - Dental Externship	120
DAP800 - Preparation for Employment	5
TOTAL	900

This program has 900 hours of theory, lab practice, and clinical externship. Program's Theory component is delivered via distance education mode, practice and clinical externship is done in a face-to-face/traditional mode.

Technology Requirements: Computer and Internet Access

Students will receive a diploma once the academic requirements of the program are fulfilled.

Praxis' Dental Assistant Program is accepted by the Dental Assisting National Board, Inc. (DANB). Therefore, program graduates are eligible for the National Entry Level Dental Assistant (NELDA) certification

https://www.danb.org/Become-Certified/Exams-and-Certifications/NELDA.aspx

The NELDA exam is composed of three component exams: Radiation Health and Safety (RHS), Infection Control (ICE) and Anatomy, Morphology and Physiology (AMP). Graduates of the program will be eligible for the NELDA certification after passing the three component exams and fulfilling the remaining eligibility requirements under one of the NELDA certification eligibility pathways.

Candidates must pass the RHS, ICE and AMP component exams with a three-year time period in order to earn NELDA certification. Once a candidate have passed the final component exam, candidate can then apply for the NELDA certification.

### PHARMACY TECHNICIAN – 900 Hrs

PROGRAM DESCRIPTION: Pharmacy Technician is an outcome-oriented program that promotes personal and professional development using classroom lectures, laboratory demonstrations, and hands-on practice, and in turn, enhances critical thinking and multi-tasking skills during the clinical experience. The curriculum is standardized in compliance with accreditation agencies to provide competency-based, outcome-oriented, didactic, laboratory, and clinical experience. Students are provided with a syllabus that contains the course-specific objectives. Course may be offered in a language-assisted delivery format. All textbooks, PowerPoint® presentation software, class material, medical terminology, and examinations are in the English language only. Weekly examinations are conducted to ensure content dominance, and hands-on laboratory practices are evaluated on a one-on-one basis.

The Pharmacy Tech laboratory incorporates the latest teaching aid, videos, audiovisual equipment, and demo Pharmacy software that allows our students to obtain practice and return demonstration that prepares them for the community externship component of the program. The Pharmacy Technician Program laboratories are designed to resemble an equipped pharmacy, incorporating computers and dedicated software programs designed to demonstrate expected hospital, and community pharmacy protocols.

Pharmacy technicians work under the supervision of a licensed pharmacist. Technicians assist the pharmacist in dispensing medications, maintain patient records and inventory control; use the latest automated dispensing system; and compounding medications, sterile, and chemotherapy drugs. Pharmacy technicians work in community pharmacies, hospitals, mail service facilities, wholesale industries, government organizations or educational/training programs, as well as in veterinary facilities under the supervision of a licensed veterinarian.

A Pharmacy Technician may perform any or all of the following tasks, although specific responsibilities depend on the pharmacy setting and scope of practice:

- Assisting Pharmacists in labeling and filling prescriptions,
- Assisting patients in dropping off and picking up prescriptions,
- Entering prescriptions into the computer,
- Verifying that customer receives correct prescription(s),
- Preparing compound oral solutions, ointments, and creams,

- Scheduling and maintaining workflow,
- Pre-packaging bulk medications,
- Screening calls for Pharmacists,
- Ordering medication,
- Billing of third-party insurers,
- Preparing medication inventories,
- Preparing chemotherapeutic agents,
- Preparing compound total parenteral nutrition solutions,
- Preparing compound large volumes of intravenous mixtures,
- Assisting in outpatient dispensing,
- Assisting inpatient dispensing,
- Preparing IV mixtures,
- Purchasing and billing.

### **Program Objectives:**

- 1. Graduates will acquire the knowledge to assist the pharmacist in accordance with local, state, and federal regulations under the supervision of a licensed pharmacist.
- 2. Graduates will have the knowledge to transcribe and process physician orders.
- 3. Graduates will have the knowledge to use specialized equipment to prepare intravenous admixtures, TPN and chemotherapy medications
- 4. Graduates will acquire the knowledge to prepackage bulk medications and compounding extemporaneous formulations.
- 5. Graduates will acquire an understanding of maintaining patient profiles and prescription records electronically
- 6. Graduates will acquire the skills for communicating effectively with insurances carriers to obtain payment for prescription claims
- 7. Graduates will acquire the skills for maintaining inventory control.

  Graduates will acquire the skills for communicating professionally and effectively with patients and members of the health care team

### PROGRAM OUTLINE

<b>Course Number</b>	Subjects/Topics	Hours
PHT101	Pharmacy Law	60
PHT102	Pharmacology of Neurological and Sensory Pathways	80
PHT103	Compounding	60
PHT104	Pharmacology of Circulation, Respiration and Digestion	80
PHT105	Pharmacy Operations and Management	60
PHT106	Pharmacology of Hormonal Regulation and	80
	Reproductive Health	
PHT107	Pharmacy Calculations	90
PHT108	Pharmacy Practice Lab	210
PHT109	Pharmacy Externship	180
	TOTAL	900

This program has 900 hours of theory, lab practice, and clinical externship. Program's Theory component is delivered via distance education mode, practice and clinical externship is done in a face-to-face/traditional mode.

### **Pharmacy Technician State Registration Requirement:**

According to the <u>2018 Florida Statutes</u> (465.014, Title XXXII, Chapter 465), any person who wishes to work as a Pharmacy Technician must complete an application and register with the Florida Board of Pharmacy. Please visit www.floridaspharmacy.gov for more information on becoming a Registered Pharmacy Technician in the state of Florida.

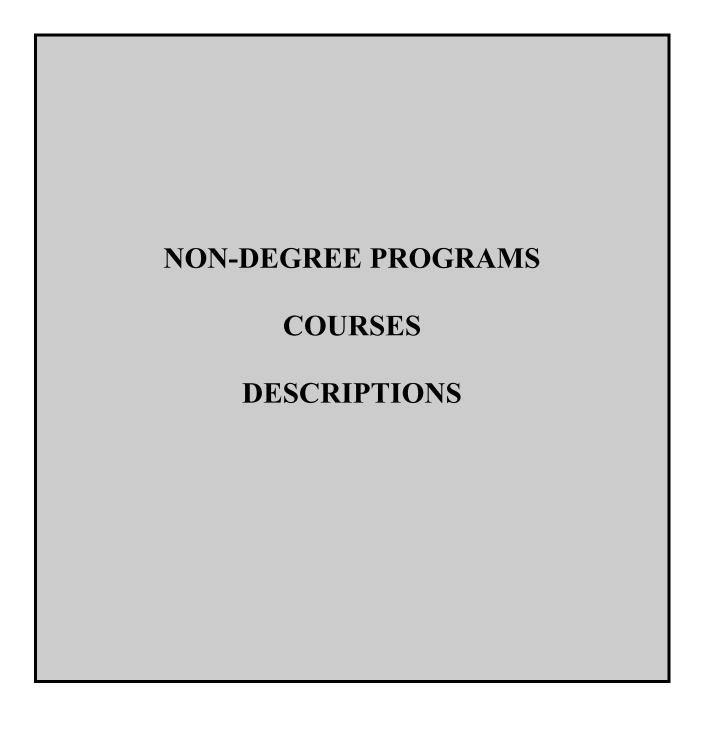
**Technology Requirements:** Computer and Internet Access

**Accreditation:** This program is accredited by ASHP/ACPE.

### **Immunization requirements:**

Immunization may be required by some externship sites or employers. Therefore, immunization status may prevent the applicant from participating in site specifics externships or future employment as a pharmacy technician.

Students will receive a diploma once the academic requirements of the program are fulfilled. The Pharmacy Technician Program is accredited by the American Society of Health-System Pharmacists (ASHP), offered at both Campuses.



### THERAPEUTIC MASSAGE TECHNICIAN

### **COURSE DESCRIPTIONS**

# TMT01- HUMAN ANATOMY & PHYSIOLOGY. (190hours)

The student will learn the anatomical position of the body, the human structure, and function of the body. The integumentary system, skeletal system, skeletal nomenclature, muscular system, endocrine glands and hormones, circulatory system, respiratory system, digestive system, urinary system; Cells & Tissues, Heart, Vascular, Blood, and Lymph. The dynamic of the human body is the most important part of this program. Understanding the body action and its response to the mind; learning the relationship between body and feelings is the foundation for all students pursuing a career in the health and wellness fields.

# TMT02- MASSAGE THEORY & CLINICAL PRACTICUM (225 hours)

This course is the clinical application of the therapeutic massage program. Massage techniques and procedures. Classification and mastery of massage movements. Procedures for a complete body massage. Face and scalp massage. Restoring the client's body fluidity; thus, they can be healthy and relaxed. Included in this section are theory and practice of massage, history, and development, professionalism, body wrap, face and scalp massage, client relaxation, body physiology, technique enhancement and practice, and principles of movement to sustain the client's demands, clients draping and communication. Students practice both giving and receiving massage therapy in a clinical setting.

# TMT03- THEORY & PRACTICE OF HYDROTHERAPY (15 hours)

In this course, the student will learn the science of water treatment, hot and cold for external applications to the body. The temperature of the water affects the body and it is important to have the knowledge and understand how water temperature relates to body temperature. Students will learn the correct use of paraffin, steam inhalation, hot packs, and cold packs.

# TMT04- INTRODUCTION TO ALLIED MODALITIES (76 hours)

Associated Modalities are different kinds of treatments which help a client's needs: Connective tissue massage, Shiatsu, Sports massage Acupressure, Reiki, Reflexology, Lymphatic Drainage, hands treatment with paraffin, Deep relaxation techniques, Stone Massage, C.P.R., Voice music relaxation.

### TMT05- FLORIDA STATE LAW

(10 hours)

Requirements of the Florida Massage Practice Act (Chapter 480 of the Florida Statutes). These are the laws governing the practice of massage in the State of Florida. With these guidelines, students can develop potentially prosperous massage practices. Prevention of Medical Errors.

# TMT06- BUSINESS PRINCIPLES & DEVELOPMENT (15 hours)

Massage is the grouping of many elements that need to be practiced and renewed. These dynamic skills need to be developed and increased all the times. To be the spearhead of this profession, the student needs to continuously enhance his/her knowledge of new elements and practice these until perfection is reached.

### TMT07- HIV/AIDS

(3 hours)

This course discusses HIV, and how it relates to healthcare professionals. Students will receive information on the origin, transmission, prevention, and diagnosis of HIV.

# TMT08- MEDICAL ERRORS (2 hours)

This course goes over the common issue of medical errors and how to apply strategies for prevention. Those who take this course will be able to discuss the impact of human error, identify where these errors tend to happen and explain programs that reduce medical errors.

# TMT07- PROFESSIONAL ETHICS (4 hours)

It is essential for professionals in any field to have an understanding of the ethical problems and principles in their field. But anyone, no matter what their job, must deal with many other professions as well. Part of professional ethics is the understanding of the ethics of other professions: how they interact and what can be expected from them as correct ethical behavior. In turn, any professional will benefit from a critical scrutiny of their own ethics by those from other professions. The general principles of professional ethics will be examined, as well as the distinctive problems of the different fields.

### ADVANCED THERAPEUTIC & CLINICAL MASSAGE

<u>NOTE</u>: The previously listed Therapeutic Massage Technician courses are part of the Advanced Therapeutic & Clinical Massage.

### COURSE DESCRIPTIONS

# DT100- DEEP TISSUE (45 hours)

Deep Tissue is a requirement for employment in most spas and medical setting such as chiropractors' offices or physical therapy clinics. Deep tissue massage is a massage technique that focuses on the deeper layers of muscle tissue. In this course, the students will learn how to apply slow strokes and deep finger pressure on the contracted areas to release the chronic patterns of tension in the body.

# NMT100- NEUROMUSCULAR THERAPY (100 hours)

Neuromuscular Therapy is the utilization of static pressure on specific myofascial points to relieve pain. The course will educate the students in the physiology of the nervous system and its effect on the muscular and skeletal systems. The neuromuscular therapist will also be educated in kinesiology and biomechanics and how to work in a clinical or medical environment using techniques that manipulate the soft tissue of the body (muscles, tendons and connective tissue).

# MLD100-MANUAL LYMPH DRAINAGE (50 hours)

Students will learn the manual lymphatic drainage, and how this differs from the other messages, lymphatic drainage is a therapeutic method that uses manipulations to stimulate the lymph movement.; has to be very gentle and aims to encourage movement of lymph away from swollen areas, MLD is particularly useful if there is swelling in the face, breast, abdomen, genitals or elsewhere on the trunk. Students also will learn the lymphatic drainage manipulations and contraindications for this technique.

# CR100-CLINICAL REHABILITATION (15 hours)

The Clinical Rehabilitation course covers An ideal combination of theoretical aspects with clinical application, an evidence-based approach, an evaluation of the treatment procedures, a description of the new approaches and how to use the different equipment used in the clinics to rehabilitees patients.

### DENTAL ASSISTANT – 900 Hrs

### **COURSE DESCRIPTIONS**

### **DAP 100- Introduction to Dental Assistant**

(5 hours). In this course, the students will be exposed to the following subjects: History of Dentistry, Characteristics of a Professional Dental Assistant, The Dental Health Care Team, Dental Ethics, Dentistry, and the Law.

### **DAP 200- Dental Chairside Assisting**

(330 hours). The following subjects will be taught in this course: General Anatomy, General Physiology, Head and Neck Anatomy, Landmarks of the Face and Oral Cavity, Overview of the Dentitions, Tooth Morphology, Dental Caries, Periodontal Disease, Preventive Dentistry, Nutrition, Oral Pathology, Microbiology, Disease Transmission and Infection Prevention, Principles and Techniques of disinfection, Principles and Techniques of Instruments Processing and Sterilization, Regulatory and Advisory Agencies, Chemical and Waste Management, Dental Units Waterlines, Ergonomics, The Patient Record, Vital Signs, Oral Diagnosis and Treatment Planning, The Special Need and Medical Compromised Patient, Assisting in a Medical Emergency, The Dental Office, Delivering Dental Care, Dental Hand Instruments, Dental Handpieces and Accessories, Moisture Control, Anesthesia, and Pain Control.

### **DAP 300- Dental X-Ray**

(70 hours). In this course the students will be exposed to the following subjects: Foundations of Radiography, Radiographic Equipment, and Radiation Safety, Digital Imaging, Dental Film, and Processing Radiographs, Legal Issues, Quality Assurance, Infection Prevention, Intraoral Imaging, and Extra-oral Imaging.

### **DAP 400- Dental Materials and Laboratory Techniques**

(150 hours). This course will include the following subjects: Preventive care, Coronal Polishing, and Dental Sealants. Restorative and Esthetic Dental Materials, Dental Liners, Bases, and Bonding Systems, Dental Cements, Impression Materials, Laboratory Materials and Procedures, General Dentistry. Matrix System for Restorative Dentistry

### **DAP 500- Specialized Dentistry**

(205 hours). The students will be exposed to the following subjects: Fixed Prosthodontics, Provisional Coverage, Removable Prosthodontics, Full (Complete) Denture, Dental Implants, Endodontics, Periodontics, Oral and Maxillofacial Surgery, Pediatric Dentistry, and Orthodontics.

### **DAP 600-Dental Administrative Procedures**

(15 hours). The students will be taught the following skills: Communication in the Dental Office, Business Operating Systems, and Financial Management in the Dental Office.

### **DAP 700- Dental Externship**

(120 hours). In this part of the program, the students will be exposed to a learning environment by participating in an actual dental office where they will learn a wide variety of dental skills.

### **DAP 800- Preparation for Employment**

(5 hours) Preparation for Employment the students will learn: How to Market his/her skills, Locating Employment Opportunities, and Achieving Career Objectives.

### PHARMACY TECHNICIAN

### **COURSE DESCRIPTIONS**

Pharmacy technician is an outcome-oriented program that promotes personal and professional development using classroom lectures, laboratory demonstrations, and hands-on practice, and in turn, enhances critical thinking and multi-tasking skills during clinical experience.

### PHT101- Pharmacy Law

(60 hours) This course provides an in-depth exploration of medication error prevention strategies, pharmacy law and regulations, and the safe use of vitamins, electrolytes, and complementary medicine. Students will gain a comprehensive understanding of the legal and ethical aspects of pharmacy practice, common causes of medication errors, and methods for preventing them. Additionally, the course will cover the role of vitamins and electrolytes in patient care, as well as the integration of alternative therapies into conventional treatment plans.

### PHT102- Pharmacology of Neurological and Sensory Pathways

(80 hours) Explores the pharmacological treatments for the nervous system, mental health disorders, sensory organs, and musculoskeletal system. This course will dive into how drugs affect cognition, movement, and sensation, emphasizing neurological function and sensory response.

### PHT103- Compounding

(60 hours) This course provides a comprehensive overview of extemporaneous and sterile compounding processes, focusing on the theoretical frameworks that guide safe and effective medication preparation. Students will explore the regulatory requirements, including Good Manufacturing Practices (GMP), that ensure quality control in pharmaceutical production. Additionally, the course examines the different routes of administration and how they influence drug formulation. Without hands-on components, the course emphasizes critical thinking and understanding of the guidelines, procedures, and standards that support compounding in a pharmacy setting.

### PHT104- Pharmacology of Circulation, Respiration and Digestion

(80 hours) This course explores therapeutic approaches targeting the cardiovascular system, respiratory system, and renal system, along with the gastrointestinal system. Students will examine how treatments affect circulation, breathing, kidney function, and digestion, focusing on therapies that support and regulate these vital body systems.

### PHT105- Pharmacy Operations and Management

(60 hours) This course provides a comprehensive overview of community pharmacy practices and hospital pharmacy operations, emphasizing the management of pharmacy inventory and the intricacies of third-party transactions. Students will delve into the prescription process, understanding how prescriptions are processed, verified, and dispensed in various pharmacy settings. The course also covers effective inventory management techniques and navigating the complexities of third-party billing, preparing students to efficiently handle day-to-day operations in both community and institutional pharmacy environments.

### PHT106- Pharmacology of Hormonal Regulation and Reproductive Health

(80 hours) Examines medications affecting the endocrine system, reproductive system, lymphatic system, and integumentary system. Students will explore therapies for hormone-related conditions, reproductive health, immune support, and skin care, emphasizing internal and external regulatory functions of the body.

### **PHT107- Pharmacy Calculations**

(90 hours) This course delves into the essential skills for accurate pediatric dosage calculations, general pharmacy calculations, compounding calculations, and insulin calculations. Students will learn to perform precise calculations required for various pharmacy applications, including dosing for pediatric patients, preparing compounded medications, and managing insulin therapy. The course emphasizes the importance of accuracy in calculations to ensure patient safety and effective medication management across different pharmacy practices.

### **PHT108- Pharmacy Practice**

(210 hours) This course develops all skills during a hands-on live environment under the supervision of a licensed pharmacist. Upon successful completion of this course, the student will be able to: acquire a job in the Pharmacy Technician Vocational Program after licensing, having acquired all necessary skills, and training. Develop relationships in the pharmacy field as a student to benefit future career advancement.

### PHT109- Pharmacy Externship

(180 hours) This course offers a comprehensive hands-on live experience during a pharmacy technician externship in either a community or institutional pharmacy setting. Students will perform all tasks permitted for pharmacy technicians according to Florida standards, including medication dispensing, prescription processing, inventory management, and patient interactions. The course emphasizes practical application of skills in real-world scenarios, providing students with direct experience in performing pharmacy technician duties, adhering to professional standards, and applying knowledge gained throughout their training to ensure competency and readiness for a successful career in pharmacy.

# ASSOCIATE DEGREE PROGRAMS **PROGRAM POLICIES**

### **Physical Therapist Assistant**

### **Associate in Science**

This Program is offered only in Miami Campus

### **Degree Awarded**

Upon completion of requirements, this program awards an Associate in Science in Physical Therapist Assistant degree. An associate degree is an undergraduate academic degree awarded by a degree-granting institution, college, or university upon completion of a course of study usually lasting two years.

### **Accreditation Status**

The Physical Therapist Assistant Program at The Praxis Institute is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone: 703-706-3245; email: accreditation@apta.org; website: http://www.capteonline.org. This program is only offered at the Miami Campus.

Feedback or comments regarding the PTA program could be directed to the program director at nafeesah.khan@praxis.edu

Feedback or comments regarding the PTA Program Director could be directed to Flavio Alfie at 1321 SW 107th Ave, Ste. 201B, Miami, FL 33174

### **Program Admission Criteria:**

- Evidence of High School Diploma or Equivalent
- Physical Examination (MD clearance/PPD)
- Criminal Background Check
- Drug Testing
- Evidenced of CPR certification
- Evidence of Health Insurance (If a candidate does not possess, once qualified to enter the program and registered student could obtain coverage through the APTA after becoming a member).
- Entrance Exam with the following minimum scores:

Writing 246
Reading 246
Quantitative Reasoning,

Algebra, and statistics 229

- Two professional/character references
- 15 Hours of Observation in a PT clinical setting
- Applicant's Personal Letter of Application
- Interview/Assessment

The satisfaction of minimum requirements does not imply guarantee admission. Admission is competitive among eligible applicants. Candidacy is also influenced by applicants' interview/assessment, and applicants display motivation and knowledge of the field.

### **Program Mission**

In keeping with the mission of The Praxis Institute, the PTA Program is committed to a high standard of scholarship as it educates students with the theory, knowledge, and clinical skills essential to the physical therapist assistant. The Physical Therapist Assistant Program will help fulfill the mission of the institution by meeting the needs of the student, the physical therapy profession, and the community at large. The program supports the practice of physical therapy as a vocation and seeks to graduate individuals who are competent and qualified to assume roles in the healthcare field as physical therapist assistants under the direction and supervision of a licensed physical therapist.

### **Program Goals**

### The program will:

- Prepare physical therapist assistants who are well rounded in basic clinical sciences and problem solving, and who demonstrate excellence in physical therapy skills.
- Impart realistic, up-to-date information to the community and prospective students, regarding the practice of physical therapy and the role of the PTA in health care delivery.
- Supply adequate classroom, laboratory, and learning resources facilities to enhance the student's attainment of the knowledge and skills needed for graduation from the program and licensure.
- Provide sites for clinical education that offers the student the appropriate environment for the attainment of competence in the day-to-day work of the PTA.

### The program academic and clinical faculty will:

- Be committed to the education of the PTA student and are qualified to teach in a higher education institution.
- Provide students with learning experiences that reflect the prevalent contemporary practice of physical therapy.

### The program graduate will:

- Provide physical therapy care in a safe, efficient, and ethical manner under the direction and supervision of a physical therapist.
- Communicate orally and in writing in a clear and understandable manner.
- Recognize their qualities and limitations and seek avenues in which to broaden and expand their career roles.

### **Student Outcomes**

Upon successful completion of the AS degree in Physical Therapist Assistant, the graduates will be able to:

- 1. Demonstrate entry-level competency, consistent with current practice and literature, for all required skills of a PTA, including psychosocial and cultural proficiency, for employment in the variety of PT clinical settings applying scientific principles and knowledge of diseases/conditions as they interact and affect a patient/client's rehabilitation process.
- 2. Proficiently implement the plan of care and intervention in a safe, effective, efficient, and appropriate manner to promote patient progression and address patient needs, under the direction and supervision of the physical therapist.
- 3. Effectively perform necessary data collection skills as they pertain to patient/client diagnosis and the plan of care established by the PT to demonstrate a response to care.
- 4. Demonstrate the use of clinical problem-solving skills in the clinical scenario to recognize the need to communicate with evaluating PT for modification of care.
- 5. Adeptly perform as a PTA heeding the APTA Core Values, Standards of Ethical Conduct of the PTA, the Guide for Conduct of the PTA, and legal & safety standards of the profession.
- 6. Recognize the value of a self-directed plan for career development and lifelong learning based on self-assessment, performance appraisals, and a commitment to maintaining abreast of current evidence-based research and practice.
- 7. Produce documentation that is accurate, effective, and timely to support the need and rationale for physical therapy intervention using appropriate format and terminology.
- 8. Display appropriate verbal and non-verbal communication, manifesting sensitivity and attentiveness to individual psychosocial and cultural diversities in all aspects of physical therapy services.
- 9. Provides skilled education to patients, co-workers or healthcare providers about physical therapy, the role of the PTA addressing primary and secondary preventions, including health and wellness promotion, using effective teaching strategies appropriate for the anticipated audience.
- 10. Skillfully manage resources including appropriate supervision of support personnel, time management, and equipment to achieve goals of the respective clinical setting.

11. Demonstrate respect for the local and national professional organizations, commitment to patient advocacy, and responsibility to meet the needs of the patients and community they serve as they relate to health promotion, wellness, and injury preventions.

### **Grading Scale for General Education Courses**

A	90% - 100%
В	80% - 89%
<u>C</u>	<u>70% - 79%</u>
D	69% and below

### **Grading Scale for Technical Courses**

A	90% - 100%
В	80% - 89%
<u>C</u>	<u>75% - 79%</u>
F	74% and below

### **Satisfactory Academic Progress**

All PTA courses must be taken in sequence and can be taken only in the semester listed. All courses required within the listed curriculum must be passed with a "C" or higher. A passing grade of 75% or above is required in all PTA technical classes. For general education courses, the passing grade is 70% or higher. Students must pass both the clinical and theoretical components of each PTA course to progress to the next course. To demonstrate competency and demonstrate satisfactory academic progress, all tests in technical program courses must be successfully completed with a grade of 75% or better. If a student fails a laboratory test in a programmatic course, they will be given one make up test for each test failed. Students must complete the re-test with a 75% or better before the end of the course or as scheduled by the instructor. Students must also pass the final exam of each course with a 75% or better.

The original test grades will be used for computing the test average. Students who were unsuccessful with the re-tests but whose overall test average is 75% or better, even with a failed exam, will receive a grade of Incomplete for the course. To clear the incomplete grade, the student will be required to re-test after the final but before the start of the next semester in order to continue in the program. Students who cannot successfully re-test during the semester and whose overall average is below 75% will fail the course and be dismissed from the program. If the re-test is passed with a 75% or higher, the incomplete grade will be changed to reflect the student's final average based on the original test grades.

### **PTA Program Academic Attendance Policy**

Attendance is mandatory for all classes, labs, and clinical experiences, as it is a measurement of student participation. If a student must be absent from class due to family emergency or illness, he or she must call the instructor <u>prior</u> to the beginning of class. If no contact is made with the instructor, the absence will be considered unexcused, and 5 points will be deducted from the student's final grade for every THREE unexcused absences. <u>Maximum excused absence allowed is three (3) for lectures and lab courses, and two (2) for clinical experiences/rotations.</u>

Each excused absence exceeding the number three and number two, respectively; will lead to a 2-point deduction (per episode) from the final grade.

### **PTA Program Tardiness Policy**

A student who is repeatedly late for class is considered unprofessional and disruptive to the instructor and students. Students will be granted a five (5) minute grace period from the start of class. After the five (5) minute period, a tardy will be recorded. Three tardy equals one absence, which will lead to a one (1) point deduction from the final grade for EACH INCIDENCE OF 3 TARDINESS.

### **PTA Student Confidentiality Policy**

Faculty will take special precautions to ensure all communication regarding student academic and clinical performance is kept private and confidential. Examinations and student immunization records are maintained in locked file cabinets in the records department.

### **Technology Requirements**

Smart device (PC), Flash drive, and Wristwatch with sweep second hand. Internet Access.

### PTA Program Test/Exam Policy

If a student is unable to take test/exam due to unforeseen reasons such as illness and/or family emergency, the student is to contact the instructor <u>prior</u> to the test/exam date and time. If the instructor views the excuse as reasonable, arrangements will be made for a make-up test/exam on the <u>following</u> day of classes regardless if the student has a class. For each day missed beyond the following day, there will be a <u>10-point deduction</u> from the test/exam grade. It is the responsibility of the student to contact the instructor regarding the makeup time and place and to complete the "request for taking a missed exam form." If the request is granted, student will be notified and a make-up time and place determined. If a student is absent the day of the test/exam and has failed to contact the instructor <u>prior</u> to the <u>beginning</u> of the test/exam date and time, the student will be given a zero and no opportunity to make up the test/exam. All students

are expected to abide by the academic honesty policies of the college. Dishonest academic behavior includes but is not limited to cheating and plagiarism.

### **PTA Program Practical Exam Policy**

If a student is unable to take a practical exam due to an unforeseen reason, the student must contact the instructor prior to the practical. If the instructor views the excuse as reasonable, arrangements will be made for a practical make-up time. Students who do not show for the day of any practical exam will be granted a zero, and no make-up practical will be granted.

Students who fail the practical exam (less than 75%) must repeat the practical at a date determined by the instructor. The objective of the repeat practical is to ensure that the student can demonstrate safety and competency in the physical therapy skills being evaluated.

The grade achieved on the first attempt will be calculated into the student's final grade. A practical may only be repeated one time. If safety and competency are not demonstrated upon the student's second attempt, he or she will be ineligible to proceed through the rest of the course and will subsequently receive a final grade of "F." A student receiving a final grade of "F" will be required to continue attending and participating during lab until the end of the semester. Should the student re-take the lab course the following semester it is offered, he or she will also be required to audit the co-requisite lectures during the same semester the lab is being repeated.

### **PTA Program Proper Behavior Policy**

In preparation for a career in the health profession, students are expected to behave in a responsible and professional manner in the classroom as well as in the clinical setting. The faculty has determined the following to be standards of acceptable behavior for students in the academic and clinical components of the Physical Therapist Assistant program.

### In the classroom setting, students are expected to:

- 1. Be punctual, dependable, and adhere to class assignments.
- 2. Use tact and courteous behavior towards faculty and peers.
- 3. Follow directions and complete assigned tasks.
- 4. Respect the classroom as a place of learning and avoid disruption of the learning process by not doing the following:
  - Making comments unrelated to the subject matter.
  - Engaging in unnecessary conversation during class.
  - Leaving the classroom without permission.
  - Entering the classroom after the class has begun without the permission of the instructor.
- 5. Show respect for differences that exist in others. The Praxis Institute does not discriminate on the basis of race, creed, religion, handicap or sexual preference. We expect our students to act in the same manner as the Institution they represent.
- 6. Notify instructors prior to absences or tardiness.

- 7. Attend classes on a regular basis. Repeated absence is considered unprofessional and will result in a lowering of grades. Refer to the program's attendance policy described in each course syllabus.
- 8. Take responsibility for seeking prior approval from the faculty for borrowing items from the program and for returning them in a timely fashion. Borrowed equipment and/ or literature must be signed out and returned as soon as possible in good condition. Please note that the program's videotapes or DVD's may not be reproduced.
- 9. Properly maintain classrooms and laboratory areas by returning supplies and equipment to designated areas.
- 10. Adhere to the PTA program learning contract.

### In the clinical setting, students are expected to:

- 1. Be punctual, dependable and adhere to scheduled assignments
- 2. Wear appropriate professional attire/maintain appropriate hygiene
- 3. Adhere to ethical and legal standards of physical therapy practice
- 4. Show respect for others (clients/patients, peers, clinical instructors)
- 5. Treat clients in a manner that reflects dignity, respect, and value for human life
- 6. Maintain confidentiality and use discretion when conversing with and in front of patients
- 7. Demonstrate initiative and accept responsibility for learning
- 8. Demonstrate active listening
- 9. Accept criticism and respond in a manner that reflects an understanding of constructive criticism
- 10. Express a positive attitude, which reflects cooperation and flexibility
- 11. Maintain a balance between personal and professional relationships with clients and staff.

### DISTANCE EDUCATION

The Praxis Institute is accountable for distance education at the Miami and Hialeah Campuses; this embrace providing standards, guidance, policies, methodologies and support for the growth and coverage of teaching that utilizes the Internet and an automated course management platform, electronic communication, web conferencing structures as the primary stage of broadcasting.

The Praxis Institute ensures that the distance education courses and programs comply with all the Accreditation codes and ethics. This policy applies to each educational program and services offered, anywhere situated, or however delivered.

The Physical Therapist Assistant program offer, through distance education delivery, selected courses (General Education):

- ENC101 English Composition I
- ENC102 English Composition II
- HSC100 Anatomy and Physiology I
- HSC102 Anatomy & Physiology II
- HSC103 Introduction to Psychology
- MAT100 College Algebra
- SPC100 Basics of Speech Communication

The Praxis Institute is dedicated to the student learning success, and the institution's highest priority is the maintenance of successful student educational experiences. The initiative for distance learning at The Praxis Institute has come from faculty, students, and selected departments involved.

This delivery method in the PTA program is seen as the step to allow the Physical Therapist Assistant program, with a development of a centralized strategy for distance education with proper resources, new technology, and receptive to changing demands and expectations of both students and faculty.

The Distance Education Department also is expecting an increase or steady enrollment. Also, the development of the Distance Education is taking place to respond to student request and expectations and to set The Praxis Institute to remain competitive in the fast change of technology environment of higher education. The Praxis Institute will continue to be on the growth of distance learning to improve existing degree programs.

### **Communications and Grievance Policy**

A student who wishes to discuss an issue of academic or professional concern should adhere to the following procedure:

The student should first discuss with the instructor who is responsible for the course in which there is a concern. Most circumstances that arise can be and should be addressed with the instructor who is directly involved. Rarely, will situations occur that require more than a calm, open, and professional discussion between the student and his/her instructor.

However, if the student does not believe that the issue has been resolved in a reasonable and satisfactory way, the student may discuss it with the faculty member who supervises the instructor. The supervisor will attempt to gather all the necessary information from all available sources in order to determine the appropriate resolution of the problem.

If another faculty member is contacted before the student address the concern with the instructor in question, then the student will be referred, immediately, back to the instructor for the appropriate discussion/resolution.

### **Public Comment Policy (Outside of Due Process)**

Comments regarding the program could be directed to the Director at <a href="mailto:nafeesah.khan@praxis.edu">nafeesah.khan@praxis.edu</a>. Comments regarding the program director could be directed to Flavio Alfie, VP of Academic Affairs at <a href="mailto:flavio@praxis.edu">flavio@praxis.edu</a>, 1321 SW 107th Ave, Ste. 201B, Miami, FL 33174. Complaints which fall outside of due process will be handled on an individual or case-by-case basis. Upon receiving the informal or written complaint, the Program Director will assimilate the information presented and respond accordingly depending upon the nature of the complaint. With respect to employers of graduates and/or the general public, the Program Director may seek consultation from the program's Advisory Board and forwarded to the Executive Director of the institution. All complaint records will be maintained and held in a locked file cabinet located in the office of the Program Director.

### **Academic Honesty Policy**

Members of The Praxis Institute are expected to act within the standards of academic honesty. Any willfully dishonest behavior is subject to disciplinary action, which may range from that which the instructor imposes relative to the specific course to dismissal from the Institute, depending on the seriousness of the act.

Dishonest academic behavior includes, but is not limited to:

**Cheating:** Use of unauthorized notes during an examination; giving or receiving unauthorized assistance on an examination; copying from someone else's examination, term paper, homework, or report; theft of examination materials; falsification of works or records.

**Plagiarism:** Using the words, data, or ideas of another, as one's own, without properly acknowledging their source.

In addition to action taken relative to the specific course, the course instructor may bring any matter related to academic honesty to the Program Director for further disciplinary action. The Director will review the case and determine if further action is to be taken. Disciplinary action may be appealed by the affected student/s.

### **Smoking Policy**

Smoking is strictly prohibited in all institutional facilities.

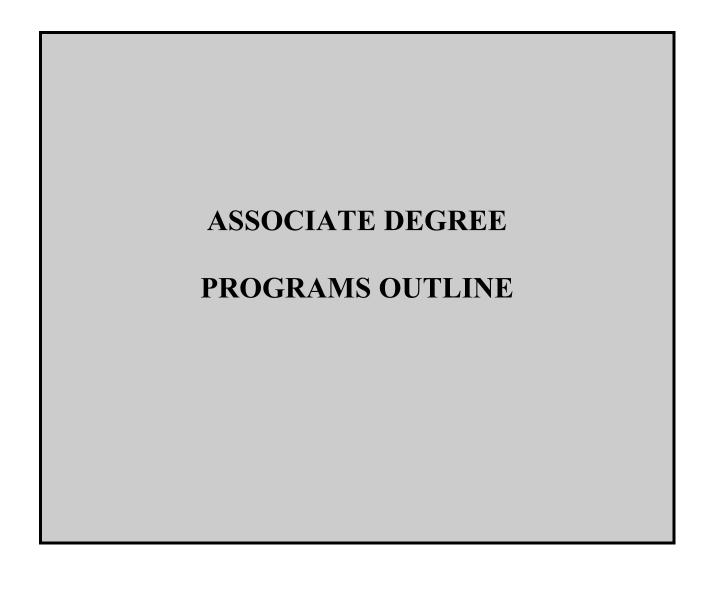
### **Alcohol and Drug Policy**

The use of alcohol in any form and the illegal use of drugs at any Institution-sponsored activities are strictly forbidden, regardless of location. Violators will be subject to disciplinary action, by the appropriate governing body.

# PTA PROGRAM OUTCOMES 2024-2025

Year	Graduation Rate	Ultimate NPTE Pass Rate	Employment Rate (% working in field six months post-graduation)
2023	87.5%	*TBD	100%
2022	78 %	83.3%	100%
2021	69%	50%	100%

<sup>\*</sup>Pending stabilization for Ultimate NPTE Passage rates, class of 2023.



### PHYSICAL THERAPIST ASSISTANT Associate in Science

### **Program Outline**

Course Number	Course Title	Credit Hours	Clock Hours
	General Requirements		
MAT 100	College Algebra*	3	45
SPC 100	Basics of Speech Communication*	3	45
ENC 101	English Composition I*	3	45
ENC 102	English Composition II*	3	45
HSC 100	Anatomy & Physiology I (+Lab) *	3	60
HSC 102	Anatomy & Physiology II (+Lab) *	3	60
HSC 103	Intro to Psychology*	3	45
	Specialty/Core Courses		
PTA 100	Introduction to PTA	4	60
PTA 101	Kinesiology (+Lab)	4	75
PTA 102	Biophysical Agents (+ Lab)	4	90
PTA 103	Intro to Therapeutic Exercise	1	15
PTA 200	Therapeutic Exercise I	3	45
PTA 201	Therapeutic Exercise II (+ Lab)	4	75
PTA 202	Patient Care Procedures (+ Lab)	4	75
PTA 203	Documentation, Test & Measurements (+ Lab)	4	75
PTA 205	Pathological Conditions	5	75
PTA 208	Neurorehabilitation (+ Lab)	4	75
PTA 220	Clinical Experience I	2	90
PTA 221	Clinical Experience II	5	225
PTA 222	Clinical Experience III	5	225
PTA 223	Seminar	3	45
	TOTAL	73	1590

<sup>\*</sup>Courses offered via Distance Education (online).

### This program is offered only in Miami Campus

Transfer of program's credits is governed by admission policy of the receiving organization

### **AAS IN MASSAGE THERAPY**

PROGRAM DESCRIPTION: Upon completion of this program, the student will have the skills and knowledge to apply and sit for the licensing exam by the National Certification Board for Therapeutic Massage and Bodywork (NCBTNB) or by the Federation of State Massage Therapy Boards (MBLEx). In addition, students will obtain certification in Spa Therapies, Deep Tissue, Electro Stimulation, Ultrasound, Laser, Neuromuscular Therapy (granted by International Academy of Neuromuscular Therapies through a partnership with TPI), and Holistic Manual Lymphatic Drainage (granted by the Manual Lymph Drainage Institute International through a partnership with TPI) in order to seek employment in spas, facilities that treat athletic injuries or in clinical and medical settings where massage therapy is part of a patient's rehabilitation program. Graduates will have skills to expand their marketability as a massage therapist.

#### PROGRAM OBJECTIVES

The objectives of the AAS MT program are to:

- Prepare the student beyond the basic principles of massage, introducing them to concepts (knowledge and skill) of neuromuscular therapy, deep tissue massage (sport massage), lymphedema interventions, and clinical rehabilitation.
- Provide students with a solid foundation in general sciences knowledge to develop the skills necessary to perform massage interventions effectively and safely in a variety of clinical settings.
- Provide students with the knowledge and skills to work collaboratively with members of the healthcare team in various clinical settings to provide care.
- Prepare students for employment in an ever-changing healthcare environment.
- Provide students with the knowledge and skills required for national licensure/certification.
- Train students to use skills for health and wellness promotion.

After successfully completing this program, the student will be able to perform the following:

- 01.0 Demonstrate knowledge of the healthcare delivery system and health occupations.
- 02.0 Demonstrate the ability to communicate and use interpersonal skills effectively.
- 03.0 Demonstrate legal and ethical responsibilities.
- 04.0 Demonstrate an understanding of and apply wellness and disease concepts.
- 05.0 Recognize and practice safety and security procedures.
- 06.0 Recognize and respond to emergency situations.
- 07.0 Recognize and practice infection control procedures.
- 08.0 Demonstrate an understanding of information technology applications in healthcare.
- 09.0 Demonstrate employability skills.
- 10.0 Demonstrate knowledge of blood-borne diseases, including HIV/AIDS.
- 11.0 Apply basic math and science skills.

- 12.0 Exhibit an understanding of the principles of the theories of therapeutic massage and demonstrate the proper techniques of massage manipulations.
- 13.0 Exhibit an understanding of the principles of the theory of hydrotherapy and use hydrotherapy modalities.
- 14.0 Demonstrate safety and health practices that are conducive to the hygiene of massage therapist and the client/patient.
- 15.0 Demonstrate knowledge of the Florida Massage Practice Act and the rules of the Board of Massage Therapy (Chapter 480, F.S., Chapter 456 F.S., and Chapter 64B7).
- 16.0 Explain the use of allied studies related to massage therapy.

#### PROGRAM OUTLINE

COURSE TITLE	CLOCK HOURS
GENERAL EDUCATION COURSES	
MAT 100 – COLLEGE ALGEBRA	45
ENC101 – ENGLISH COMPOSITION I	45
HSC100 – ANATOMY AND PHYSIOLOGY I	45
HSC103 – INTRODUCTION TO PSYCHOLOGY	45
CORE TECHNICAL COURSES	
TMT01 - HUMAN ANATOMY & PHYSIOLOGY	195
TMT02 - MASSAGE THEORY & CLINICAL PRACTICUM	270
TMT03 - HYDROTHERAPY	30
TMT04 - INTRODUCTION TO ALLIED MODALITIES	30
TMT05 -BUSINESS PRACTICE AND PROFESSIONAL	15
REGULATIONS	
NMT100 - NEUROMUSCULAR THERAPY	135
DT100 - DEEP TISSUE	45
SM100 - SPORTS MASSAGE	90
MLD100 - MANUAL LYMPH DRAINAGE	60
CR100 - CLINICAL REHABILITATION (Laser-Ultrasound-	30
Electro Stimulation-Infrared)	
PAT100 - PATHOLOGY	90
TOTAL	1170

This program has 1170 hours of theory, practice, and clinical training. The program's Theory component is delivered via distance education mode, and practice and clinical training are done in a face-to-face/traditional mode.

**Massage Services:** All students are required to complete at least 115 services as part of their applied clinical training.

### Massage Services required are:

- Face and Neck massage 10
- Hands and Arms Massage 10
- Abdomen Massage 10
- Feet and Legs Massage 10
- Deep Tissue Massage 8
- NMT Massage 17
- Full Body Massage 10
- Pathology 13

#### **Technology Requirements:** Computer and Internet Access

A student who has completed the 540 hours (theory, practice, and services) of the program may sit for the National Certification Examination for Therapeutic Massage and Bodywork.

Upon passing, students can apply to receive their Florida State License.

Students that successfully complete all the academic/clinical requirements will receive a diploma with a professional designation of AAS in Massage Therapy. Upon completion of this program and passing the licensure exam, students may be employed as entry-level massage therapists.

# ASSOCIATE DEGREE PROGRAMS COURSES DESCRIPTION

### **Physical Therapist Assistant - Course Descriptions**

**General Requirements** 

General Requirement	S				
ENC 101 –	This is the first required general core course in college-level				
English Comp. I	writing. Students will compose essays and other works using				
3 credits	various methods of development such as narration, description,				
	illustration, and example; process, cause and effect; and				
	comparison and contrast. Introduction to the use of library				
	resources will also be covered in this course.				
	Note: This course must be completed with a grade of C or better.				
	Lecture (3 hours).				
ENC 102 –	This is a required general education course in college level-				
English Comp. II	writing. Observing the conventions of standard edited American				
3 credits	English, students will compose informative and persuasive				
	essays, write responses to a variety of literary genres and/or non-				
	fiction, and produce a documented paper based on research.				
	Library skills will also be reviewed during this course.				
	Note: This course must be completed with a grade of C or better.				
	Prerequisite: ENC 101 with a grade of C or better.				
	Lecture (3 hours).				
MAT 100 –	College algebra course designed to provide a basis for the				
College Algebra	understanding of mathematics concepts and its applications.				
3 credits	Topics include functions and relations and their graphs; algebraic				
	operations on functions; linear and quadratic functions, the theory				
	of polynomial equations; analysis of rational functions;				
	exponential and logarithmic relationships; trigonometric functions				
	and its applications, analytic trigonometry, systems of equations				
	and inequalities, and conics.				
	Lecture (3 hours).				
HSC 103 –	This introductory course will provide students with an overview				
Intro to Psychology	of the current body of knowledge and methods of the science of				
3 credits	psychology. Topics will include the historical foundations of				
	psychology, cognition, emotions, learning, human development,				
	biological bases of behavior, personality, psychological disorders,				
	psychotherapy and behavior change, and social behavior.				
	Emphasis also will be placed on the development over the				
	lifespan. Psychological disorders and therapeutic approaches will				
	also be covered. This course is a study of the general field of				
	psychology and is designed to provide an understanding of human				
	behavior by studying the adaptation of the individual to his				
	physical and social environment.				
	Lecture (3 hours).				
	Lecture (5 nours).				
	1				

CDC 100	I. t 1 t. II						
SPC 100 –	Introduces students to Human Communication and provides them						
Basics of Speech	with the oral communications skills necessary for success in						
Communication	personal, professional and educational settings; through the study						
3 credits	and experiential practice of interpersonal and intercultural						
	communication, workplace communication, presentational						
	speaking (topic selection and target audience) and group						
	dynamics of communication.						
	Lecture (3 hours).						
HSC 100 -	It discusses the structure and functions of the systems of the						
Anatomy &	human body, emphasizing those aspects most pertinent to						
Physiology I with	students in the PTA program. A study of chemistry, cells, tissue,						
Lab	the integument, the skeletal system, the muscular system, and the						
3 credits	nervous system. Structure and function taught concurrently.						
	Lecture (2 hours)/Lab (2hours).						
	Lecture (2 hours), East (2hours).						
HSC 102 –	The structure and functions of the systems of the human body,						
Anatomy &	emphasizing those aspects most pertinent to students in the PTA						
Physiology II with	program. A study of the circulatory system, lymphatic system,						
Lab	fluid balance, the gastrointestinal system, the genitor-urinary						
3 credits	system, the endocrine system, the respiratory system, and the						
5 creares	reproductive system. Structure and function taught concurrently.						
	A general review of the integration of system, structure, and						
	function is also covered in this course.						
	Prerequisite: HSC, 100.						
	Lecture (2 hours)/Lab (2hours).						

#### **Specialty/Core Courses**

specialty/Core Courses						
PTA 100 –	Introduction to the history, current practice, and future trends of					
Introduction to PTA	the profession. Introduction to a team concept in health care,					
4 credits	including the role and responsibilities of the PTA, as well as					
	communication and professional conduct. This course will present					
	concepts of professional communication, introduction to basic					
	concepts of documentation, medical terminology, legal and					
	ethical issues related to the PTA as applied to the field of PT. The					
	student is also introduced to scientific inquiry through the					
	analysis and review of professional literature and concepts of					
	Scientific Method. Patient management model, psycho-social					
	aspects of disability, and patient/family education are also					
	covered on this course.					
	Lecture (4 hours).					
	Prerequisite: Admission into PTA Program.					
PTA 101 –	This course covers anatomical structures and movements of					
Kinesiology with	primary body joints as related to physical therapy procedures,					
Lab	emphasizing functional components of the musculoskeletal and					
4 credits	neuromuscular system as they relate to therapeutic activities,					

(3 + 1 Lab)	posture, and gait training (mechanisms, muscle actions, planes, and other relationships to body movements). Basics biomechanics and physics concepts are also covered.  Lecture (3 hours)/Lab component (2 hours).  Prerequisite: Admission into PTA Program.						
PTA 102 – Biophysical Agents with Lab 4 credits (2 + 2 Lab)	Study of the physical principles, physiological effects, indications, contraindications, and rationales in the use of therapeutic heat, cold, light, water, pressure, traction, electricity, ultrasound, biofeedback, and massage in the treatment of specific pathologies. The student will safely and effectively select and apply physical agents; utilize the appropriate judgment to monitor response to treatment; and discuss biophysical principles as they relate to the application of physical agents. The student will demonstrate competency in the use, maintenance, and safety inspection of equipment, as well as disinfection/sterilization techniques of materials and equipment.  Lecture (2 hours)/Lab component (4 hours).  Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 202.						
PTA 103 – Intro to Ther Ex 1 Credit	Introduces foundational concepts of therapeutic exercise. The rationale for and functional basis of exercises and techniques employed for therapeutic reasons.						
PTA 200 – Therapeutic Exercises I 3 credits	Foundational concepts of therapeutic exercise are revisited. Introduces stretching principles, aerobic, conditioning and reconditioning training, resistance exercises, balance exercises, soft tissue management, postop interventions, and peripheral nerve disorders management. This course also explores the concepts of lifespan fitness and wellness.  Lecture (3 hours).  Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 202.						
PTA 201 – Therapeutic Exercises II with Lab 4 credits (3 + 1 Lab)	Study of the use and purpose of therapeutic exercises techniques within a plan of care for specific body regions which could include aerobic endurance, balance, coordination, and agility training; body mechanics and postural stabilization; flexibility exercises; gait and locomotion training; neuromotor development training; relaxation; and strengthening training/resistive program. Obstetrics and pelvic floor exercise interventions will also be covered in this course.  Lecture (3 hours)/Lab component (2 hours).  Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202, PTA 208, PTA 220, PTA 203.						
PTA 202 –	Introduction to basic patient care skills; moving, lifting, and						

Patient Care Procedures with Lab 4 credits (3 + 1 Lab)	transferring patients; patient positioning and draping; preparation of treatment area; medical asepsis and infection control; body mechanics, wheelchair operation and adjustment; ambulation training; wound care concepts; prosthetics and orthotics; safety issues in patient care and transport; fitting and application of selected adaptive devices, bed mobility skills, vital signs, and range of motion.  Lecture (3 hours)/Lab component (2 hours).  Prerequisite: Admission into PTA Program.
PTA 203 – Documentation, Tests, and Measurements with lab 4 credits (3 + 1 Lab)	Presents information relating to documentation in physical therapy. Theories and guidelines for documenting and writing progress or interim notes in the medical record, incorporating the language of the Guide to Physical Therapist Practice. Exploration of processes and procedures used to gather information through observation, measurement, subjective, objective, and functional findings. Includes a range of motion, muscle strength, skin and sensory integrity, balance, spinal nerve reflexes and selective special tests.  Lecture (3 hours)/Lab component (2 hours).  Prerequisite: Passing grade in all previous PTA courses. PTA
PTA 205 – Pathological Conditions 5 credits	100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202.  Exploration of pathological processes in body systems commonly treated in physical therapy and their clinical signs and symptoms in physical disabilities. Relationships between pathological conditions and their prognosis and treatment. Pharmacological, medical/surgical aspects of treatment with implications for physical are also covered.  Lecture (6 hours).  Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202.
PTA 208 – Neurorehabilitation with Lab 4 credits (3 + 1 Lab)	This course covers clinical manifestations and rehabilitation interventions for selected Neurological conditions related to physical therapy. The course includes therapeutic treatments for children and adults with different neurological conditions such as cerebral palsy, spinal cord injury, traumatic brain injury, CVA, genetic disorders, and other neurological diseases. Applies concepts, skills, and behaviors to master the delivery of a plan of care to return patient/client to optimal functioning. Students will also explore the home and public accessibility during this course. Lecture (3 hours)/Lab component (2 hours).  Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202.
PTA 220 – Clinical Experience I	Beginning clinical experience in a supervised patient care setting. Introductory experience in the application of skills learned. Students implement PT treatments and perform specific tasks,

2 credits	based on skills learned, under the close supervision of a licensed physical therapist. Emphasis is placed on developing ease in the moving and handling of patients; confidence in communication and interacting with staff, patients, and their families; sharpened skills of observation, and deepens the understanding of the role of the physical therapist assistant. Clinical Practice (6 hours). Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202.
PTA 221 – Clinical	Intermediate level clinical experience in the application of academically acquired knowledge under the direct supervision of
Experience II	a licensed physical therapist. Problem-solving techniques are
5 credits	employed in the interpretation and execution of patient care plans. Students will prepare and give an in-service/in-depth care study to the facility staff.
	Clinical Practice (15 hours).
	Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202, PTA 208, PTA 220, PTA 203.
PTA 222 –	Advanced level clinical placement. Designed to be an in-depth
Clinical	experience in the delivery of physical therapy services. Although
Experience III 5 credits	designed to be a supervised experience, emphasis will be on the students' developing more autonomy in patient care, problem-solving, critical thinking, and communication/teaching skills. Broadens independence in involvement with the entire scope of physical therapy services from clerical to patient scheduling and treatment to department maintenance. A departmental quality improvement proposed study will be developed. Clinical Practice (15 hours).
	Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202, PTA 208, PTA 220, PTA 203, PTA 201, PTA 221.
PTA 223 –	During this course, students will be exposed to physical therapy
Seminar 2 and its	practice operational aspects, such as budgeting and finances,
3 credits	reimbursement process in health care, QA, patient rights and responsibilities, and organizational structure. Licensure/Exam
	Requirements, as well as job hunting and interview skills, will
	also be covered. The lecture will also include the types of
	clinical settings and complementary therapies commonly used in rehabilitation. Review and preparation for the licensing exam.
	Lecture (3 hours).
	Prerequisite: Passing grade in all previous PTA courses. PTA 100, PTA 101, PTA 205, PTA 200, PTA 102, PTA 202, PTA 208, PTA 220, PTA 203, PTA 201, PTA 221.

#### **AAS IN MASSAGE THERAPY**

#### **COURSES DESCRIPTION**

# TMT01 - HUMAN ANATOMY & PHYSIOLOGY (195 hours)

The student will learn the anatomical position of the body, the human structure, and the function of the body. The integumentary system, skeletal system, skeletal nomenclature, muscular system, endocrine glands and hormones, circulatory system, respiratory system, digestive system, urinary system; Cells & Tissues, Heart, Vascular, Blood, and Lymph. The dynamic of the human body is the most important part of this program. Understanding the body's action and its response to the mind; learning the relationship between body and feelings is the foundation for all students pursuing a career in the health and wellness fields.

# TMT02 - MASSAGE THEORY & CLINICAL PRACTICUM (270 hours)

This course is the clinical application of the therapeutic massage program. Massage techniques and procedures. Classification and mastery of massage movements. Procedures for a complete body massage. Face and scalp massage. Restoring the client's body fluidity; thus, they can be healthy and relaxed. Included in this section are theory and practice of massage, history, and development, professionalism, body wrap, face and scalp massage, client relaxation, body physiology, technique enhancement and practice, and principles of movement to sustain the client's demands, clients draping and communication. Students practice both giving and receiving massage therapy in a clinical setting.

# TMT03 - HYDROTHERAPY (30 hours)

In this course, the student will learn the science of water treatment, hot and cold for external applications to the body. The temperature effects on the body, and how water temperature relates to body temperature. Students will learn the correct use of paraffin, steam inhalation, hot packs, and cold packs.

# TMT04- INTRODUCTION TO ALLIED MODALITIES (30 hours)

Associated Modalities are different kinds of treatments which help a client's needs: Connective tissue massage, Shiatsu, Sports massage Acupressure, Reiki, Reflexology, Lymphatic Drainage, hands treatment with paraffin, Deep relaxation techniques, Stone Massage, C.P.R., Voice music relaxation.

# TMT05- BUSINESS PRACTICE AND PROFESSIONAL REGULATIONS (15 hours)

This course discusses the following:

- Requirements of the Florida Massage Practice Act (Chapter 480 of the Florida Statutes). These are the laws governing the practice of massage in the State of Florida. With these guidelines, students can develop potentially prosperous massage practices.
- HIV, and how it relates to healthcare professionals. Students will receive information on the origin, transmission, prevention, and diagnosis of HIV.
- The common issue of medical errors and how to apply strategies for prevention. Those who take this course will be able to discuss the impact of human error, identify where these errors tend to happen and explain programs that reduce medical errors.
- The general principles of professional ethics, as well as the distinctive problems of the different fields. Part of professional ethics is the understanding of the ethics of other professions: how they interact and what can be expected from them as correct ethical behavior.

Massage is the grouping of many elements that need to be practiced and renewed. These dynamic skills need to be developed and increased all the time. The student needs to continuously enhance his/her knowledge of new elements and practice these until perfection is reached.

### **DT100- DEEP TISSUE**

### **(45 hours)**

Deep Tissue is a requirement for employment in most spas and medical settings such as chiropractors' offices or physical therapy clinics. Deep tissue massage is a massage technique that focuses on the deeper layers of muscle tissue. In this course, the students will learn how to apply slow strokes and deep finger pressure on the contracted areas to release the chronic patterns of tension in the body.

### SM100 – SPORTS MASSAGE

### (90 hours)

Massage has become an integral part of the new athletic regime for sports medicine clinics, college training rooms, professional locker rooms to Olympic training. A growing number of trainers believe that massage can provide an extra edge to the athletes who participate in high performance sports.

Sports massage is a special form of massage and is typically used before, during, and after athletic events. In this course the students will know how to use the Swedish massage, Shiatsu, and hydrotherapy for the recovery after injuries and the best performance of the professional athletes.

### CR100-CLINICAL REHABILITATION

(30 hours)

The Clinical Rehabilitation course covers an ideal combination of theoretical aspects with clinical application, an evidence-based approach, an evaluation of the treatment procedures, a description of the new approaches, and how to use the different equipment used in the clinics to rehabilitees patients.

# PAT100 – PATHOLOGY (90 hours)

A thorough understanding of common pathologies is essential for all massage therapists. This is true whether you plan on offering massage therapy services at a healthcare or wellness practice, a day spa, fitness center, at your own private practice, or even corporate chair massage. Regardless of who your clientele is, some percentage of your clients will have a health condition that needs to be considered before forming a treatment plan and providing therapy services. Therefore, massage & bodywork practitioners must have a good working knowledge of pathology to be able to provide safe and effective treatments.

This course gives massage therapists a comprehensive review of pathologies.

Prepares students to make treatment choices that result in optimal outcomes for clients living with a wide range of conditions.

Helps students acquire the knowledge and develop the critical-thinking skills needed to positively impact healing processes.

Readies students to work independently or on a healthcare team.

# **Institution Academic Calendar**

# Calendar 2025\*

Winter Term				
January 6	Semester Begins			
January 13	Last date to withdraw without penalty			
January 20	MLK Day Observance			
February 17	President's Day			
April 18	Good Friday Observance			
April 25	End of Semester			
Summer Term				
May 5	Semester Begins			
May 12	Last date to withdraw without penalty			
May 26	Memorial Day Observance			
June 16	Juneteenth			
July 4	Independence Day Observance			
August 22	End of Semester			
Fall Term				
September 2	Semester Begins			
September 1	Labor Day			
September 9	Last date to withdraw without penalty			
November 11	Veterans Day			
November 27-28	Thanksgiving Recess			
December 19	End of Semester			

<sup>\*</sup>Program Calendars are subject to changes.

# **Institution Academic Calendar**

# Calendar 2026\*

Winter Term				
January 5	Semester Begins			
January 12	Last date to withdraw without penalty			
January 19	MLK Day Observance			
February 16	President's Day			
April 3	Good Friday Observance			
April 24	End of Semester			
Summer Term				
May 4	Semester Begins			
May 11	Last date to withdraw without penalty			
May 25	Memorial Day Observance			
June 19	Juneteenth			
July 4	Independence Day Observance			
August 28	End of Semester			
Fall Term				
September 7	Labor Day			
September 8	Semester Begins			
September 15	Last date to withdraw without penalty			
November 11	Veterans Day			
November 26-27	Thanksgiving Recess			
December 18	End of Semester			

<sup>\*</sup>Program Calendars are subject to changes.

# **The Praxis Institute**

### **Tuition, Fee, and Supplies**

Program	Clock Hours/Credits	Months	Weeks	Tuition	Registration Books & Supplies	Total
Therapeutic Massage Technician	540	6	27	\$10,900	\$100.00 (Registration Fee)	\$11,000
Advanced Therapeutic & Clinical Massage	750	9	38	\$15,900	\$100.00 (Registration Fee)	\$16,000
Physical Therapist Assistant (AS)	1590/73	20	80	\$44,900	\$100.00 (Registration Fee)	\$45,000
<b>Dental Assistant</b>	900	11-13	45-56	\$16,700	\$100.00 (Registration Fee)	\$16,800
Pharmacy Technician	900	11-13	45-56	\$16,700	\$100.00 (Registration Fee)	\$16,800

Prices are subject to change.
The Admission Representative will notify the prospective student of the changes.

# CORPORATE OFFICE

### **Administration & Staff**

Miguel Alfie	Chairman of the Board	
Rebeca Alfie	Executive Director	
Dario Alfie	Vice-President and Miami Campus Director	
Roberto Bermudez	Accreditation and Compliance Director	
Gustavo Perez-Oriol	Distance Education Director	
	Library Director	
Zoila Espinosa	Campus Registrar	
Norys Benitez	Campus Registrar Assistant/Administrative Assistant	
Saimy Diaz	Financial Aid Supervisor	
Aneiter Real	Financial Aid Officer	
Renee O. Scioville	Placement Officer/Student Services	
Josephine Guzman	Admission Representative	
Maria Diaz	Accounting Coordinator	
Alejandro Leon Querales	Distance Education Coordinator/Library Assistant	
Lazaro Rodriguez	Administrative Assistant	

### **Faculty Miami Campus**

Mariano Leyva	Program Director/Instructor	LMT Diploma Kinesiology Diploma BS in Physical Culture	Praxis Institute Higher Institute of Physical Fitness "Manuel Fajardo" University
Joel Montane	Instructor	LMT Diploma BS in Physical Education	Praxis Institute Pinar del Rio University
Mario Rodriguez	Instructor	LMT Diploma	Praxis Institute
Rebeca Fernandez	Program Director/Instructor	Doctor in Dentistry Science	Habana University
Leticia Lemus Cruz	Instructor	Doctor in Dentistry Science PhD	Habana University
Jorge Valdivie	Instructor	Doctor in Dentistry Science	Habana University
Omaris J. Diaz Davila	Program Director/Instructor	Pharmacy Tech Diploma BS in Business Administration	Everest Institute Strayer University
Lisbet Rodriguez	Instructor	Pharmacy Tech Diploma	Mattias College
Nafeesah Khan	Program Director/Faculty	DPT	NSU
Dunia Sanchez	PTA ACCE/Faculty	AS in PTA BS in Physical Education	Praxis Institute FIU
William Prada	Faculty	AS in PTA	Broward College

# HIALEAH CAMPUS

### **Administration & Staff**

Flavio Alfie	VP of Academic Affairs and Hialeah Campus Director	
Roberto Bermudez	Accreditation and Compliance Director	
Gustavo Perez-Oriol	Distance Education Director	
	Library Director	
Saimy Diaz	Financial Aid Supervisor	
Glenda Legon	Campus Registrar	
Irene Moragas Pelaez	Campus Registrar Assistant	
Adiba Ballestero	Financial Aid Officer	
Josephine Guzman	Placement Officer/Student Services	
Nechmarie Torres	Admission Representative	
Imaidy Velasco	Distance Education Coordinator/Library Assistant/	
	Administrative Assistant	
Hector Arbolay	Administrative Assistant	

### Faculty Hialeah Campus

Mariano Leyva	Program Director Instructor	LMT Diploma	Praxis Institute Higher
·		Kinesiology Diploma	Institute of Physical Fitness
		BS in Physical Culture	"Manuel Fajardo" University
Oscar Santiesteban	Instructor	LMT Diploma	Praxis Institute
		BS in Physical Culture	"Manuel Fajardo" University
Maritza Gonzalez	Instructor	LMT Diploma	Praxis Institute
		LMT Diploma	Acupuncture and Massage College
Eliodannis Rodriguez	Instructor	LMT Diploma	Praxis Institute
		BS in Health	Santiago de Cuba Medical Sciences
		Technology and Clinical	University
		Laboratory	
Carlos Lara	Instructor	LMT Diploma	Praxis Institute
Rebeca Fernandez	Program Director/Instructor	Doctor in Dentistry	Habana University
		Science	·
Martha Martinez	Instructor	Doctor in Dentistry	Habana University
		Science	·
Omaris J. Diaz Davila	Program Director/Instructor	Pharmacy Tech DiplomaAS	Everest Institute Strayer
		in Business Administration	University
Yelinee Delgado	Instructor	Pharmacy Tech Diploma	Mattia College
Keyla Alfaro	Instructor	Pharmacy Tech Diploma	Mattia College

We, the undersigned, hereby certify that the information in the Institutional Catalog 2025-2026 and any attached documents is true and correct in content.

LEBECA ALFIE	DI-12-28
Print Name	Date
Executive Derector	
Signature Signature	
FLANIO ALFIE	01/12/2025
Print Name	Date
VICT PAUS 1960 T MEASEMIC AFFAIRS  Title	
Signature	